FRIDAY, NOVEMBER 13, 2026

Location	Date	Time	Title	Speaker	Track
Ballroom Level	11/13	7:30 am-7 pm	**Registration Open**		
Potomac C123	11/13	1-6:15pm	**Pediatric Obesity - Day 1 (Ticketed Event)**		(T5)

SATURDAY, NOVEMBER 14, 2026

Location	Date	Time	Title	Speaker	Track
Potomac C123	11/14	8 am-12:45 pm	**Pediatric Obesity - Day 2 (Ticketed Event)**		(T5)
Ballroom Level	11/14	7:30 am-8:30 pm	**Registration Open**		
Potomac D456	11/14	10:45 am-12 pm	**Basic Science Blitz Oral Session 1**		(T1, T2, TS, TD, TN, TRx)
		10:45-11 am	**Translating the Gliotransmitter Octadecaneuropeptide Analog, DG-260, Into a Obesity/T2DM Therapeutic**	*Oleksandr Orativskyi*	
		11-11:15 am	**Weight Regulation by GLP1R Agonists via a Hypothalamic PKA-MTORC1 Mediated Pathway**	*Ritika Raghavan*	
		11:15-11:30 am	**Metabolic Responses to Exercise and Fasting Depend on Sympathetic-Driven Ghrelin Secretion**	*Omprakash Singh*	
		11:30-11:45 am	**Adipose Tissue Dynamics Vary in Different Weight Loss Intervention Types**	*Mahsheeb Khan*	
		11:45 am-noon	**Single PRINT™ Dose of an Incretin Agonist Reduces Body Weight in Obese Mice**	*Srivats Venkataramanan*	
Riverview Ballroom A	11/14	11:45 am-1:15 pm	**Corporate Supported Symposium: Rethinking Success in the Treatment of Overweight and Obesity Through Body Composition: What Are We Made of?**		(T3, T4, T5)
Riverview Ballroom A	11/14	11:45 am-1:15 pm	**Corporate Supported Symposium: The Missing Piece in the Obesity Puzzle: Exploring the Immunobiology of Obesity and the Role of Amylin**		(T1, T5, TRx)
National Harbor 10-11	11/14	12-1 pm	**Non-CME Session: Women Inspiring and Elevating Leadership in Diabetes (WIELD): Pearls of Wisdom from Obesity Trailblazers Across Career Stages and Fields**		
National Harbor 1	11/14	12:15-1:15 pm	**TOS Policy and Advocacy Committee Meeting (invite only)**		
Potomac D456	11/14	1:15-2:30 pm	**Basic Science Blitz Oral Session 2**		(T1, T2, TS, TD, TN, TRx)
		1:15–1:30 pm	**Oral-007: Skeletal Muscle MIRO1 Deletion Protects Against Hepatic Fibrosis via Altered Substrate Utilization**	*Analisa Taylor*	

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	11/14	1:30-1:45 pm	**Functional Coupling Between MC4R and Kir7.1 Contributes to Clozapine-Induced Obesity**	*Li Li*	
		1:45-2 pm	**Humans With Obesity Have Adipose Circadian Clock Disruptions in Response to Continuous Feeding**	*Kelli Lytle*	
		2-2:15 pm	**GLP-1 Agonists and Risk of Falls and Wheelchair Use in Older Adults**	*Deepali Ernest*	
		2:15-2:30 pm	**The Association of Insulin Sensitivity with Gestational Weight Gain and Gestational Diabetes**	*Jacqueline Maya*	
National Harbor 2-3	11/14	1:30-2:30 pm	**Symposium: Do You Hear What I Hear? Perspectives on Food Noise**		(T4)
		1:30-1:45 pm	**Research and Evidence on Food Noise**	*Emily Dhurandhar*	
		1:45-2 pm	**Assessment of Food Noise**	*Travis Masterson*	
		2-2:10 pm	**Patient Perspective**	*Michael Donnelly-Boylen*	
Woodrow Wilson	11/14	1:30-2:30 pm	**Key Lecturer Colleen Sloan: The Evolving Plate: How Nutritional Needs Shift Throughout the Obesity Care Journey**		(T5)
Potomac C123	11/14	1:30-2:30 pm	**Symposium: Optimizing Non-Pharmacological Interventions in Pediatric Obesity**		(T3, T5, TP)
		1:30-1:45 pm	**Effectiveness of Intensive Health Behavior and Lifestyle Interventions in Children With Obesity: Early PCORI Results**	*Bill Heerman*	
		1:45-2 pm	**Adaptive Interventions for Pediatric Obesity Non-Responders: SMART Trial Designs in Practice**	*Bethany Forseth*	
		2-2:15 pm	**Moving Beyond BMI: Alternative Outcome Targets for Behavioral Treatment of Pediatric Obesity**	*Robin Shook*	
National Harbor 10-11	11/14	1:30-2:30 pm	**Treatment Access, Coverage, and Real-World Outcomes Oral Session**		(T6)
		1:30-1:45 pm	**GLP-1 Therapies in the Real World: Who Starts, Who Benefits, and Who Stops**	*Alison Sexton Ward*	
		1:45-2 pm	**Commercial Insurance Reimbursement of Preventive Obesity Counseling: A Multi-Site Study**	*M. Rami Bailony*	
		2-2:15 pm	**Is There a Dose-Response Relationship Between Produce Prescription Use and Clinical Health Outcomes?**	*Cristina Lee*	
		2:15-2:30 pm	**Improving Outcomes in the Military Health System: Costs and Benefits of Semaglutide and Tirzepatide for Weight Loss**	*Taylor Neuman*	
Potomac C123	11/14	3-4 pm	**Symposium: From Gaps to Guidance: Advancing Clinical Research in Pediatric Obesity Pharmacotherapy**		(T5, TP, TRx)
		3-3:15 pm	**Assessing and Monitoring of Growth and Development During GLP-1 Treatment Selection, Initiation, Duration, Effects, Outcomes and Discontinuation**	*Brooke Sweeney*	
		3:15-3:30 pm	**Integrating Mental and Behavioral Health Into Obesity Care**	*Meredith Dreyer Gillette*	
		3:30-3:45 pm	**Nutrition and Physical Activity Assessment, Monitoring, and Counseling for Patients Taking GLP-1s**	*Katherine Balantekin*	

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National Harbor 2-3	11/14	3-4 pm	**Key Lecturer Michael Goran: Ultra-Processed Foods and the Developing Brain - A Neurodevelopmental Model of Obesity and Chronic Disease Risk**		(T3)
Woodrow Wilson	11/14	3-4 pm	**Non-CME Oral: Preclinical Obesity Pharmacotherapies and Animal Model Research Oral Session**		(T1, TD, TP, TRx)
		3-3:15 pm	**Iron-Corrected T1 Reflects Ongoing Disease Activity in Paediatric MASLD**	*Luis Felipe Cardiel*	
		3:15-3:30 pm	**A NEK7-Selective MGD Induces Weight Loss in Mouse and Cynomolgus Monkey Models of Obesity**	*Alison Paterson*	
		3:30-3:45 pm	**A Long-Acting NMUR2–GIPR Dual Agonist Provides Additive Body-Weight Loss by Modulation of Complementary Satiety Pathways**	*Maximilian Lassi*	
		3:45-4 pm	**BPR-35000858, an ALK7-Targeting SiRNA, Demonstrates Potent Adiposity Reduction and a Favorable Safety Profile in Preclinical Mouse and Nonhuman Primate Models**	*Yu Chen*	
Potomac D456	11/14	3-4 pm	**Symposium: To Gain or Not to Gain, That Is the Question - Is the Obesity Paradox a Shield or Sword as We Age?**		(T1, T2)
		3-3:25 pm	**Human Brain Scans with Metabolic Disease Revealing Risk for Neurodegeneration**	*Kirk Erickson*	
		3:25-3:50 pm	**Cell Intrinsic Versus Extrinsic Factors in the Metabolic Defects Associated with Obesity**	*C. Ronald Kahn*	
National Harbor 10-11	11/14	3-4 pm	**Symposium: What Works on the World's Plate: Global Food Policy Wins**		(T6)
		3-3:15 pm	**Chile's Law of Food Labeling and Advertising: Evidence From the First Ten Years**	*Aline D'Angelo Campos*	
		3:15-3:30 pm	**Lessons Learned From UK Food Policy Initiatives**	*Kelly Parsons*	
		3:30-3:45 pm	**From Policy to Population Health: Mexico's Approach to Food Policy**	*Carolina Batis*	
Woodrow Wilson	11/14	4:30-5:30 pm	**Symposium: Bariatric Surgery: What's New, What's True and What's Next?**		(T5, TS, TRx)
		4:30-4:45 pm	**What's New in Bariatric Surgery - And Why It Matters Clinically**	*Enrique Elli*	
		4:45-5 pm	**What's True? Maximizing Treatment Response by ORC, Procedure, and Disease Severity (CVOT, SLEEVEPASS, High BMI, 2024 ASMBS Evidence)**	*Vance Albaugh*	
		5-5:15 pm	**What's Next? Bariatric Surgery in the ERA of OMM's, Not a Zero Sum Game**	*Sriram Machineni*	
Potomac C123	11/14	4:30-5:30 pm	**Symposium: Functional Diversity of Adipose Tissue in Obesity: White, Brown, and Clinical Perspectives**		(T1)
		4:30-4:45 pm	**Adipose Tissue Heterogeneity in the Regulation of Cardiometabolic Health**	*Paul Cohen*	

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	11/14	4:50-5:05 pm	**When Fat Isn't Just Fat: Brown and Beige Cells as Bioenergetic Regulators**	*Shingo Kajimura*	
		5:10-5:25 pm	**Human Adipose Tissue Dysfunction as a Driver of Metabolic Disease in Obesity**	*Susan Fried*	
National Harbor 2-3	11/14	4:30-5:30 pm	**Key Lecturer Robyn Pashby: Is There a Place for Body Positivity in Obesity Care?**		(T4)
National Harbor 10-11	11/14	4:30-5:30 pm	**Long-Term Outcomes and Comparative Effectiveness of Treatments Oral Session**		(T3, TS, TD, TRx)
		4:30-4:45 pm	**The Obesity Treatment Journey: Real-World Trajectories and Outcomes Across Sequential Therapies**	*Juan Garcia Cordova*	
		4:45-5 pm	**Comparative Effectiveness of Obesity Treatments After Semaglutide or Tirzepatide Therapy: A Target Trial Emulation**	*Hamlet Gasoyan*	
		5-5:15 pm	**Quality of Weight Loss With GLP-1 Receptor Agonists Versus Bariatric Surgery: A Real-World Body Composition Cohort Analysis**	*Mateo Tamayo*	
		5:15-5:30 pm	**Predictors of Long-Term Obesity Remission After Metabolic Surgery or Medical-Lifestyle Intervention in Patients With Type 2 Diabetes: 14-Year Findings From ARMMS-T2D**	*Philip Schauer*	
Potomac D456	11/14	4:30-5:30 pm	**Non-CME Oral: Novel Therapeutic Modalities and Drug Development Oral Session**		(T1, TD, TC, TRx)
		4:30-4:45 pm	**Silencing Inhbe With a GalNAc-SpiNA siRNA Drives Tissue Remodeling and a Healthy Metabolic Profile**	*Hsiu-Chiung Yang*	
		4:45-5 pm	**Generation of GIPR Antagonist Antibodies With Sustained Weight Loss in DIO Mice by AlfaBodY**	*Michael Chen*	
		5-5:15 pm	**A Peripherally Restricted GPR75 Antagonist as a First-In-Class Oral Therapy for Obesity**	*Shuguang Yuan*	
		5:15-5:30 pm	**Adipose-Targeted Shuttles Discovered Using AI Design and High-Throughput Vivo Screening Enable Efficient and Durable siRNA Knockdown**	*Alvaro Garcia*	
Annapolis	11/14	4:30-5:30 pm	**Clinical Case Workshop: Tailoring Evidence-Based Guidelines to Meet the Needs of Patients (MOC)**		(T5, TS, TD, TRx)
Potomac AB	11/14	5:45-7 pm	**General Session: Presidential Plenary: From Discovery to Impact, Transforming Lives - Together**		(T1, T2, T3, T4, T5, T6)
Exhibit Hall BCD	11/14	7-9:30 pm	**Exhibit Hall Open**		
Exhibit Hall BCD	11/14	7-9 pm	**Welcome Reception**		
Exhibit Hall BCD	11/14	7:30-8:30 pm	**Poster Session 1**		(T1, T2)

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SUNDAY, NOVEMBER 15, 2026

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Potomac Terrace	11/15	7-8 am	**Runners and Walkers Meetup** *(outdoors between atrium and pool)*		
Riverview Ballroom A	11/15	7:15-8:30 am	**Corporate Supported Symposium: Beyond the Scale: Assessing the Quality of Weight Loss and Advancing a Whole-Person Approach to Obesity Care**		(T1, T2, T3, T4, T5, T6, TS, TRx)
Ballroom Level	11/15	7:30 am-7 pm	**Registration Open**		
Exhibit Hall A	11/15	7:30-8:30 am	**Corporate Supported Symposium: Weight Management Foundayo**		(T1, T4)
Riverview Ballroom B	11/15	7:30-8:30 am	**Corporate Supported Symposium: The Obesity Treatment Journey: Evaluating Burden, Discontinuation, and Outcomes**		(T3, T4, T5, T6, TN)
National Harbor 10-11	11/15	8:30-9:30 am	**Non-CME Oral: Advancing Therapeutics: Findings From Clinical Trials Oral Session**		(T3, T4, TD, TC)
		8:30-8:45 am	**Intestinal GPR17 Deficiency Increases Satiety in Rebound Hyperphagia and Improves Glucose Metabolism**	*Hongxia Ren*	
		8:45-9 am	**Diet Quality and Micronutrient Intake Among GLP-1-Eligible U.S. Adults: A NHANES Analysis**	*Demsina Babazadeh*	
		9-9:15 am	**Avexitide for Post-Bariatric Hypoglycemia: Results from the Pivotal Phase 3 LUCIDITY Trial**	*Marilyn Tan*	
		9:15-9:30 am	**Efficacy and Safety of CS060380, a Potent THR-β Agonist, in MASH: A Phase 2a Randomized Trial**	*Julia Yang*	
National Harbor 2-3	11/15	8:30-9:30 am	**Symposium: From Kids to Older Adults: Should the 'Healthy' Use GLP-1s?**		(T4, T5, TP, TRx)
		8:30-8:45 am	**The Role and Place of GLP-1 Use in Pediatric (Adolescents) Populations**	*Alaina Vidmar*	
		8:45-9 am	**Enhancement or Excess? GLP-1s in the Healthy Adult Populations**	*Tim Church*	
		9-9:15 am	**Do Healthy Older Adults Gain from GLP-1s?**	*John Batsis*	
Woodrow Wilson	11/15	8:30-9:30 am	**Key Lecturer Eileen Seeholzer: The Affordable Toolkit - Effective Weight Management Strategies When GLP-1s Are Out of Reach (MOC)**		(T5)
Potomac D456	11/15	8:30-9:30 am	**Key Lecturer Evanna Mills: The Immune System and Regulation of Adipose Tissue**		(T1)
Potomac AB	11/15	8:30-9:30 am	**Non-CME Oral: Patient-Centered Outcomes and Experiences With GLP-1 Therapies Oral Session**		(T3, TD, TC, TRx)
		8:30-8:45 am	**Effects of CagriSema on Physical and Psychosocial Function in Overweight or Obesity: REDEFINE 1**	*Domenica Rubino*	
		8:45-9 am	**Real-World Functional and Emotional Outcomes With GLP-1 Therapies: Early Findings From the BEACON Study**	*Cressent Pressly*	
		9-9:15 am	**Lived Experiences of People Living With Obesity, With or Without T2D: Implications for GLP-1RA Use**	*James Zervios*	
		9:15-9:30 am	**Value-Based Outcome Priorities at Entry Into a Digital GLP-1 Based Weight Management Coaching Programme**	*Zoe Griffiths*	

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Potomac C123	11/15	8:30-9:30 am	**Treatment Durability and Predictors of Response Oral Session**		(T3, TD, TP, TRx)
			Reasons for GLP-1 Receptor Agonist Discontinuation in Adults With Obesity: A Multi-Agent Large Language Model Analysis	*You Chen*	
			From Percent Weight Loss to Best Health: Evolution of a Treat-To-Target Framework	*Steven Soo Huat Teoh*	
			Predicting Weight Regain After GLP-1 Receptor Agonists Discontinuation: A Prognostic Model	*Michael Romanos*	
			The Effectiveness of Semaglutide on Weight Change in Youths With Obesity: A Real-World Experience	*Robert Siegel*	
National Harbor 9	11/15	9–10 am	**TOS Clinical Practice Committee Meeting (invite only)**		
Exhibit Hall BCD	11/15	9:30 am-4 pm	**Exhibit Hall Open**		
Exhibit Hall BCD	11/15	9:30-10:30 am	**Coffee Break in Exhibit Hall**		
Potomac Ballroom Foyer (near the windows)	11/15	9:30-10:30 am	**Morning Buzz: Coffee With the Experts**		
Exhibit Hall BCD	11/15	9:45-10:15 am	**Product Theater: Evidence Snapshot -Addressing Weight and CV Risk in Patients With Obesity (Novo Nordisk)**		
National Harbor 1	11/15	10–11 am	**TOS Publications Committee Meeting (invite only)**		
Annapolis	11/15	10:30-11:30 am	**Clinical Case Workshop: How to Treat Sarcopenic Obesity and Other Comorbidities in Aging Patients Leveraging AOM and Nutrition**		(T5)
Potomac C123	11/15	10:30-11:30 am	**Exercise Training and Physiologic Adaptations Oral Session**		(T1, TS, TD, TN)
		10:30-10:45 am	**Daily, Time-Restricted Exercise Restores Molecular Circadian Rhythmicity and Improves Metabolic Outcomes in a Shift Work Model**	*Montavius Coleman*	
		10:45-11 am	**Exercise Might Not Be a Therapeutic Strategy for Lipodystrophy in Preclinical Mouse Models**	*Andrew Lutkewitte*	
		11-11:15 am	**Coordinated Skeletal Muscle and Hepatic Metabolic Adaptations in Rats Following Resistance Training**	*Mitchell Sammut*	
		11:15-11:30 am	**Cardiorespiratory Fitness and Long-Term Weight Maintenance Following Gastric Bypass Surgery**	*Loren Smith*	
National Harbor 10-11	11/15	10:30-11:30 am	**TOS/KSSO Collaborative Symposium: Unpacking Adipose Tissue - From Basic Biology to Precision Obesity Interventions**		(T1)
		10:30-10:55 am	**Fundamentals of Fat Cell Biology Can Guide Us in Precision Medicine for the Treatment of Obesity**	*Jackie Stephens*	
		10:55-11:20 am	**Single-Cell Analysis of Human Visceral Adipose Tissue to Identify Pathophysiological Targets for Precision Obesity Interventions in Asian Populations**	*Sung Hee Choi*	

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National Harbor 2-3	11/15	10:30-11:30 am	**GLP-1 Treatment Response, Utilization, and Real-World Perspectives Oral Session**		(T4, TD, TRx)
		10:30-10:45 am	**GLP-1 Agonists and Substance Use Disorders in Adults With Obesity and Without Diabetes**	*Asim Mohamed*	
		10:45-11 am	**Weight Loss Variability and Genetic Associations Among Individuals Taking GLP-1 Receptor Agonists and Dual GLP-1/GIP-RA**	*Aastha Kakar*	
		11-11:15 am	**Discontinuation and Reinitiation of GLP-1 Receptor Agonists in Adults With Overweight and Obesity**	*Sainikhil Sontha*	
		11:15-11:30 am	**GLP-1s and Weight Stigma on TikTok: A Large-Scale Analysis of Public Discourse**	*Rui Wu*	
Annapolis	11/15	10:30-11:30 am	**Clinical Case Workshop: How to Treat Sarcopenic Obesity and Other Comorbidities in Aging Patients Leveraging AOM and Nutrition**		(T5)
Potomac D456	11/15	10:30-11:30 am	**Key Lecturer Andres Acosta: Why One Size Will Never Fit All: Biological Diversity in Obesity and Treatment Response**		(T2, T3, T5)
Woodrow Wilson	11/15	10:30-11:30 am	**Key Lecturer Joy DeBellis: The Missing Link in Obesity Care - Building Resilient Habits for a Chaotic World**		(T5)
Potomac AB	11/15	10:30-11:30 am	**TOS/AANP Joint Symposium: Turn Down the Volume - Tackling Food Noise in Obesity Treatment**		(T5, TN)
		10:30-10:55 am	**Science Behind Food Noise**	*Angela Ritten*	
		10:55-11:20 am	**Clinical Implications of Food Noise**	*Jennifer Kucera*	
Exhibit Hall BCD	11/15	11 am-3:30 pm	**Exhibit: Bark Park - Sunday**		
Exhibit Hall BCD	11/15	11:35 am-12:05 pm	**Product Theater: Every Bite Counts - The Role of Nutrient-dense Foods in the GLP-1 Era (Almond Board of California)**		
Exhibit Hall A	11/15	11:45 am-1:15 pm	**Corporate Supported Symposium: Treating Obesity First: Exploring the Role of Amylin Analogues in the Future of Obesity Care**		(T3, TN)
Riverview Ballroom A	11/15	11:45 am-1:15 pm	**Corporate Supported Symposium: Bridging Obesity and MASLD Through Metabolic Dysfunction**		(T1)
Riverview Ballroom B	11/15	12-1 pm	**Corporate Supported Symposium: Defining Acquired Hypothalamic Obesity: An International Expert Consensus on Diagnostic Criteria in Children and Adults**		(T6)
Annapolis	11/15	12-1 pm	**TOS Neuroscience Section Meeting (TOS members only)**		(T2)
Potomac C123	11/15	12-1 pm	**TOS Bariatric Surgery and Devices Section Meeting (TOS members only)**		(TS)
Potomac D456	11/15	12-1 pm	**TOS Behavioral Science Section Meeting (TOS members only)**		(T3, T5)
Woodrow Wilson	11/15	12-1 pm	**TOS Clinical Science Section Meeting (TOS members only) - Ethical and Statistical Considerations for Obesity Research in 2026 and Beyond**		(T3)
Potomac AB	11/15	1:30-2:30 pm	**General Session: TOS Awards Plenary: Perspectives on Obesity: Science, Behavior, and the Path Forward**		(T3, T4, T5, T6, TRx)
Exhibit Hall BCD	11/15	2:30-3:30 pm	**Poster Session 2**		

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Exhibit Hall BCD	11/15	2:30-3:30 pm	**Coffee Break in Exhibit Hall**		
Annapolis	11/15	3:30-4:30 pm	**Clinical Case Workshop: Individualizing The Physical Activity Prescription Within Obesity Care: Addressing Health Goals, Health Considerations (Morbidities), and Mobility Limitations**		
National Harbor 1	11/15	3:30-4:30 pm	**TOS Science Development Committee Meeting (invite only)**		
National Harbor 10-11	11/15	3:30-4:30 pm	**Symposium: Breast Cancer - We're Treating It All Wrong**		(T1, T3, T5)
		3:30-3:45 pm	**Lifestyle Modification to Alter Body Composition in Breast Cancer Treatment**	*Colin Champ*	
		3:50-4:05 pm	**Exercise Reduces Tumor Growth in Diet-Induced Obese Models**	*Rachel Perry*	
		4:10-4:25 pm	**Endocrine Therapy Induces Adipose Tissue Dysfunction**	*Elizabeth Wellberg*	
National Harbor 2-3	11/15	3:30-4:30 pm	**Population Trends and Environmental Risk Factors Oral Session**		(T4, TD, TN, TP)
		3:30-3:45 pm	**Weight-Loss Attempts Are Rising, Yet Measured Success Remains Limited: Evidence From Two Decades of National Surveillance**	*Sixtus Aguree*	
		3:45-4 pm	**Changing Landscape of High BMI–Related Cancers in the United States, 1990–2023**	*Digantkumar Patel*	
		4-4:15 pm	**Neighborhood Environments and Longitudinal Obesity Risk in the All of Us Research Program**	*Qianxia Jiang*	
		4:15-4:30 pm	**Para-Dichlorobenzene Exposure Linked to Elevated Visceral Fat Accumulation in Adults**	*Mary Roark*	
Potomac AB	11/15	3:30-4:30 pm	**Non-CME Oral: Pharmacologic Effects on Food Cravings and Eating Behavior Oral Session**		(T3, T6, TD, TC, TRx)
		3:30-3:45 pm	**The Impact of Eloralintide on Food Noise, Food Cravings and Alcohol Consumption for People With Obesity: A Qualitative Study of Phase 2 Trial Participants**	*Iris Goetz*	
		3:45-4 pm	**Food-As-Medicine Program Reduces Diet-Responsive Medical Costs in Multi-Morbid Obesity**	*Garima Sharma*	
		4-4:15 pm	**Effect of Cagrilintide 2.4 mg on Food Cravings and Eating Behavior: REDEFINE 1 Post Hoc Analysis**	*Michelle Dalton*	
		4:15-4:30 pm	**Changes in Eating Behavior and Food Craving with Tirzepatide Dose Reduction in SURMOUNT-MAINTAIN**	*Fatima Stanford*	
Potomac C123		3:30-4:30 pm	**Behavioral Pathways and Digital Innovations in Weight Management Oral Session**		(T3, TD, TN)
		3:30-3:45 pm	**Optimizing a Behavioral Weight Loss Just-In-Time Adaptive Intervention: Results of the AGILE Trial**	*Brooke Nezami*	
		3:45-4 pm	**Early Non-Response in an MHealth Weight Loss Intervention for Adults With Socioeconomic Disadvantage**	*Amanda Montanari*	
		4-4:15 pm	**Psychosocial and Behavioral Pathways to Weight Loss: A Causal Discovery Analysis of PROPEL Data**	*Samantha Kennedy*	
		4:15-4:30 pm	**Behavioral Intervention Targeting Fat Loss in Pregnancy Reduces Gestational Weight Gain in Obesity**	*Leanne Redman*	

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Location	Date	Time	Title	Speaker	Track
Potomac D456	11/15	3:30-4:30 pm	**Non-CME Oral: Eloralintide Phase 2 Clinical Outcomes Oral Session**		(T3, TD, TC)
		3:30-3:35 pm	**Introduction to Eloralintide and Previous Phase 1 and 2 Results**	*Gema Fruhbeck*	
		3:35-3:50 pm	**Eloralintide Plus Tirzepatide: Phase 2 Study Design and Baseline Characteristics**	*Stanley Hsia*	
		3:50-4:05 pm	**Eloralintide Plus Tirzepatide in People with Obesity and T2D: Phase 2 Efficacy Results**	*Liana Billings*	
		4:05-4:20 pm	**Eloralintide Plus Tirzepatide in People with Obesity and T2D: Phase 2 Efficacy Safety and Tolerability Results**	*Ania Jastreboff*	
Woodrow Wilson	11/15	3:30-4:30 pm	**Symposium: From Prevalence to Practice: Recognizing and Screening Eating Disorders in Adults Seeking Obesity Treatment**		(T5, TS, TN)
		3:30-3:45 pm	**What We're Missing: Eating Disorder Risk in Adult Obesity Care**	*Janet Lydecker*	
		3:45-4 pm	**Eating Disorder Screening and Clinical Decision-Making in Bariatric Surgery Pathways**	*Abby Braden*	
		4-4:15 pm	**Patient Perspective of Lived Experience: What We Don't Say Out Loud**	*Melinda Watman*	
National Harbor 12-13	11/15	4-5 pm	**TOS Finance Committee Meeting (invite only)**		
Annapolis	11/15	5-6:30 pm	**Clinical Case Workshop: The Role of Parents (Adult Caregivers) In Childhood/Adolescent Obesity Care – Changes With Developmental Needs of the Child (MOC)**		(T5)
National Harbor 10-11	11/15	5–6 pm	**Women's Health, Hormones, and Pharmacologic Response to Weight-Loss Interventions Oral Session**		(T1, TS, TD, TRx)
		5-5:15 pm	**Are Postmenopausal Women "Thrifty"? Metabolic Responses to Fasting and Overfeeding**	*Edward Melanson*	
		5:15-5:30 pm	**A 5.5-Fold Rise in Reproductive Hormonal Disruption Links Male Obesity to Glycemic Dysregulation**	*Susan Christina Palvai*	
		5:30-5:45 pm	**Leptin Sensitizer ERX1000 Enhances the Metabolic Benefits of Semaglutide in Diet-Induced Obese Mice**	*Louis Aronne*	
		5:45-6 pm	**Exploring the Role of Obesity-Associated Extracellular Matrix in Local Breast Cancer Progression**	*Malika Sekhri*	
National Harbor 2-3	11/15	5-6:30 pm	**TOS/NORC Collaborative Symposium: Novel Findings in Nutrition and Obesity Research: Highlighting NORCs' Early Career Investigators**		(T1, T3, T5, TD, TN, TRx)
		5-5:10 pm	**NORC Early Career Training Opportunities**	*John Jakicic*	
		5:10-5:15 pm	**Mitochondrial Control of Macrophage Function in Metabolic Disease**	*Daniel Ferguson*	
		5:15-5:20 pm	**The Skin-Metabolic Axis in Chronic Inflammation**	*Sonya Wolf-Fortune*	
		5:20-5:25 pm	**Lipid Mobilization Establishes Metabolic Tolerance to Infection**	*Suraj Patel*	
		5:25-5:30 pm	**Dietary Regulation of Hematopoietic Stem Cell-Derived Adipocytes**	*Andrew Libby*	
		5:30-5:35 pm	**Unraveling the Unconventional Relationship Between Vitamin A and Incretins**	*Rossana Calderon*	

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National Harbor 2-3	11/15	5:35-5:40 pm	**Adiposity and Cardiometabolic Biomarkers in Adolescent PMOS**	*Rachel Whooten*	
		5:40-5:45 pm	**Use of Hypothalamic MRI in Neonates to Understand Postnatal Weight Gain**	*Leticia Sewaybricker*	
		5:45-5:50 pm	**The Human Metabolic Landscape of Cancer**	*Blake Rushing*	
		5:50-5:55 pm	**Immune Memory to Weight Loss; Implications for Weight Regain**	*Heather Caslin*	
		5:55-6pm	**Measuring Neural Gut–Brain Axis Signaling in Human Health and Obesity**	*Vance Albaugh*	
		6-6:05 pm	**The Energy Cost of Chronic Stress and Its Impact on Fat Accumulation in Adults with High Perceived Stress**	*Yenni Cedillo*	
		6:05-6:10 pm	**M3 Study: Effects of Exercise Combined with GLP-1RA on Body Composition, Fitness, and Function**	*Renee Rogers*	
Potomac AB	11/15	5-6:30 pm	**Symposium: Shifting Coverage: The Evolving Insurance Landscape for Obesity Medications**		(T6, TRx)
		5-5:20 pm	**Weighing the Costs: Cost-Effectiveness of Obesity Medications**	*Alison Sexton Ward*	
		5:20-5:40 pm	**Who's Covered by the Feds? Access to Obesity Medications in Medicare and Medicaid**	*Angela Fitch*	
		5:40-6 pm	**Private Plans, Public Impact: Commercial Coverage of Obesity Medications**	*Matthew Klebanoff*	
Potomac C123	11/15	5-6 pm	**Key Lecturer Peter Smith: PATHWEIGH - Mitigating Population-Level Weight Gain in Primary Care**		(T3, T5, T6)
Potomac D456	11/15	5-6:30 pm	**Non-CME Session: Obesity Journal Symposium**		(T1, T3, TS, TN, TP, TRx)
		5-5:10 pm	**Wearable-Derived Physical Activity Patterns in Preclinical and Clinical Obesity**	*Sohail Zahid*	
		5:10-5:20 pm	**A Machine Learning-Derived Gene Risk Score and Semaglutide Response in Adolescents With Obesity**	*Leslie Saba*	
		5:20-5:30 pm	**E4orf1 Preserves Fat-Free Mass Despite Significant Fat Loss during Weight Reduction**	*Vijay Hegde*	
		5:30-5:40 pm	**Adaptive Pharmacotherapy in Obesity: Intermittent, Dose-Stratified Phentermine Improves Visceral Adiposity and Body Composition**	*Oscar Torres Falcon*	
		5:40-5:50 pm	**Metabolic Differences Between Active Weight Loss and a Weight Loss Plateau**	*Ana Valencia*	
		5:50-6 pm	**GLP-1 RA Response Only After Metabolic-Bariatric Surgery**	*Tierra Sanders*	
		6-6:10 pm	**Randomized Controlled Clinical Trial Analyzing the Transcriptomics and Tumorigenesis of Adipose-Derived Stem Cells From Individuals With Obesity**	*Idiberto Jose Zotarelli-Filho*	
		6:10-6:20 pm	**Rethinking Weight-Loss-Based Treatment Decisions - Time-Dependent Early Response Thresholds**	*Katherine Spring*	
		6:20-6:30 pm	**Two-Year Weight Loss with a Breath Biofeedback mHealth Program: A Real-World Evidence Study**	*Ray Wu*	

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Woodrow Wilson	11/15	5-6:30 pm	**Non-CME Oral: TRIUMPH Program and SURMOUNT-ADOLESCENTS Study Oral Session**		(T3, TD, TC, TP)
		5-5:15 pm	**Putting TRIUMPH into Practice: Potential Clinical Implications Across the Obesity Continuum**	*Deborah Horn*	
		5:15-5:30 pm	**Retatrutide in Knee Osteoarthritis: Effects on Pain and Functional Outcomes**	*Beverly Tchang*	
		5:30-5:45 pm	**Retatrutide in Obstructive Sleep Apnea: Apnea-Hypopnea Index and Sleep-Related Disease Burden**	*Jeremy McConnell*	
		5:45-6 pm	**The TRIUMPH Program: Anthropometric and Cardiometabolic Risk Factor Improvements with Retatrutide**	*Jaime Almandoz*	
		6-6:10 pm	**Cardiometabolic Effects of Tirzepatide in Adolescents with Obesity: SURMOUNT-ADOLESCENTS**	*Daniel Hsia*	
		6:10-6:20 pm	**Efficacy and Safety of Tirzepatide Among Adolescents with Obesity: Results from SURMOUNT-ADOLESCENTS**	*Aaron Kelly*	
		6:20-6:30 pm	**Impact of Tirzepatide on Quality of Life in Adolescents with Obesity: SURMOUNT-ADOLESCENTS**	*Gitanjali Srivastava*	
Riverview Ballroom B	11/15	6:30-8 pm	**Corporate Supported Symposium: One Patient, Many Perspectives: A Multidisciplinary Expert Roundtable on Obesity Care**		(T1, T3, T4, T5)
Riverview Ballroom A	11/15	6:30-8:30 pm	**Corporate Supported Symposium: Clinical Case Files: Following the Metabolic Clues in Obesity and MASLD**		(T1, T5, TRx)
Exhibit Hall A	11/15	6:30-9 pm	**Corporate Supported Symposium: Obesity in Focus: Today's Evidence. Tomorrow's Possibilities.**		(T3, T5, TN, TRx)

MONDAY, NOVEMBER 16, 2026

Location	Date	Time	Title	Speaker	Track
Potomac Ballroom Foyer (near the windows)	11/16	7-8 am	**Sunrise Yoga (ticketed event)**		
Potomac Terrace	11/16	7-8 am	**Runners and Walkers Meetup** (outdoors between atrium and pool)		
Riverview Ballroom A	11/16	7-8:30 am	**Corporate Supported Symposium: Beyond the Airway: Metabolic Drivers of Obstructive Sleep Apnea**		
National Harbor 4-5	11/16	7:15-8:30 am	**Breakfast Forum: Exploring Obesity Care in Primary Care Within Healthcare Systems (ticketed event)**		
Riverview Ballroom B	11/16	7:15-8:15 am	**Corporate Supported Symposium: Seen Beyond the Scale: Addressing Weight Bias and Stigma in Pediatric Obesity Care**		
Ballroom Level	11/16	7:30 am-7 pm	**Registration Open**		
Exhibit Hall A	11/16	7:30-8:30 am	**Corporate Supported Symposium: The Obesity Diagnosis You May Be Missing: Acquired Hypothalamic Obesity**		
Annapolis	11/16	8:30-9:30 am	**Clinical Case Workshop: The Hidden Challenge: Assessing Malnutrition Within Obesity Care (MOC)**		
National Harbor 10-11	11/16	8:30-9:30 am	**Key Lecturer Matthew Buman: Beyond Counting Steps: Wearables as Engines of Metabolic Change**		

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National Harbor 2-3	11/16	8:30-9:30 am	**Symposium: Marked Before We Draw Breath: How Parental Obesity Shapes the Brain and Body**		(T1, T2)
		8:30-8:45 am	**Maternal Obesity and Neurobehavioral Circuits in Offspring**	*Kellie Tamashiro*	
		8:45-9 am	**Parental Metabolic State Programming of Development**	*Qi Chen*	
		9-9:15 am	**Molecular Mechanisms Underlying the Effects of Exercise to Reverse the Detrimental Effects of Maternal Obesity on Offspring Health**	*Laurie Goodyear*	
Potomac AB	11/16	8:30-9:30 am	**Non-CME Oral: Brain Biology, Gene Therapy, and Treatment Outcomes Oral Session**		(T2, T4, TD, TC, TP)
		8:30-8:45 am	**Restoration of the Leptin-Melanocortin Pathway via Hypothalamic AAV-BDNF Rescues Syndromic Obesity**	*Josefa Sullivan*	
		8:45-9 am	**Transcriptomic Atlas of Human Brain Feeding Centers**	*Linh Vong*	
		9-9:15 am	**Increasing Burden of Obesity and Severe Obesity Among Medicare Beneficiaries, 1999–2023**	*Paul Muntner*	
		9:15-9:30 am	**GLP-1 Treatments Improve Behavioural and Mental Health Outcomes Through Multiple Pathways: Real-World Evidence From a UK Digital Pharmacy**	*Zoe Lees*	
Potomac C123	11/16	8:30-9:30 am	**TOS/ACSM Joint Symposium: Moving Beyond Weight - Physiological and Psychological Engagement for Physical Activity in Obesity Treatment**		(T1, T3, T5, TD, TRx)
		8:30-9:30 am	**Meeting Patients Where They Are At**	*Renee Rogers*	
		8:30-9:30 am	**The Power of Movement and Fitness for Mortality and Disease Risk**	*Tim Church*	
Potomac D456	11/16	8:30-9:30 am	**TOS/ASMBS Joint Symposium: Horizons in Collaborative Obesity Treatment (MOC)**		(T5, TS, TRx)
		8:30-8:45 am	**Anti-Obesity Medications Pre/Post Metabolic and Bariatric Surgery**	*John Morton*	
		8:45-9 am	**Published and Real World Evidence of Anti-Obesity Medications and Metabolic and Bariatric Surgery**	*Ali Aminian*	
		9-9:15 am	**The Future of Obesity Medicine and Metabolic and Bariatric Surgery**	*Jonathan Purnell*	
Woodrow Wilson	11/16	8:30-9:30 am	**Symposium: LEAP Trial: Long-Term Effectiveness of the Obesity Medication Phentermine**		(T3, T5, T6, TRx)
		8:30-8:40 am	**LEAP Trial: Rationale**	*Jamy Ard*	
		8:40-8:50 am	**LEAP Trial: Design**	*Nicholas Pajewski*	
		8:50-9 am	**LEAP Trial: Results**	*Kristina Lewis*	
		9-9:10 am	**Implications of the LEAP Trial for Clinical Practice**	*Kimberly Gudzune*	
Exhibit Hall BCD	11/16	9:30 am-4 pm	**Exhibit Hall Open**		
Exhibit Hall BCD	11/16	9:30-10 am	**Coffee Break in Exhibit Hall**		

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Annapolis	11/16	10-11:30 am	**Clinical Case Workshop: Nutrition Decisions: The Live Challenge**		
National Harbor 10-11	11/16	10-11:30 am	**Non-CME Session: Early Career Lightning Talks**		(T1, T2, T3, T4, T6)
		10-10:05 am	**Prevalence of Obesity Using the Revised Lancet Commission Criteria Among Women With a History of Breast Cancer**	*Florence Porterfield*	
		10:05-10:10 am	**Comparing Diet Quality and Dietary Behaviors Among US Black Women by Nativity in the CPS-3 Cohort**	*Jasmine Charter-Harris*	
		10:10-10:15 am	**Maximum Early-Period Weight Loss (Months 1–3) Predicts 12-Month GLP-1 Response in a Real-World Cohort**	*Hans Johnson*	
		10:15-10:20 am	**Effect of Exercise Timing and Feeding Status on Energy Metabolism During Aerobic Exercise in Humans**	*Matthew Breit*	
		10:20-10:25 am	**Obesity-Related Genetic Variants and MRI-Derived Hypothalamic Gliosis in the Framingham Heart Study**	*Dabin Yeum*	
		10:25-10:30 am	**Graded Cardiometabolic Benefits Across Weight-Loss Response With GLP-1-Based Therapies**	*Jose Villamarin*	
		10:35-10:40 am	**Exercise-Induced Energy Compensation Is Mediated by Habitual Activity Metabolic Economy**	*Tzachi Knaan*	
		10:40-10:45 am	**Obesity Treatment After Implementation of a Weight Management Program in Safety-Net Primary Care**	*Alejandro Campos*	
		10:45-10:50 am	**Patient- and System-Level Determinants of Time to GLP-1 Initiation for Obesity in Safety-Net Primary Care**	*Alejandro Campos*	
		10:50-10:55 am	**Polygenic Risk for BMI and Childhood Obesity: Effects With Maternal Gestational Diabetes in a Prospective Cohort**	*Yun Shen*	
National Harbor 2-3	11/16	10-11:30 am	**TOS/NCCOR Collaborative Symposium: Assessing Capacity to Address Obesity Using Whole-of-Systems Approaches for Cancer Prevention and Control**		(T4)
		10-10:10 am	**Assessing Capacity to Address Obesity Using Whole of Systems Approaches for Cancer Prevention and Control: Lessons Learned from One-Year of Relationship Building**	*Jill Reedy*	
		10:10-10:30 am	**Systems-level Opportunities and Solutions (SOS) to Address Obesity for Cancer Prevention and Control in Connecticut**	*Melinda Irwin*	
		10:30-10:50 am	**Building Capacity to Address Obesity in the State of Kansas in Collaboration with Community Organizations**	*Christie Befort*	
		10:30-11:10 am	**Building a Whole-of-Systems Research Framework to Address Obesity as a Mechanism for Cancer Prevention and Control in Minnesota**	*Melissa Laska*	
Potomac AB	11/16	10-11:30 am	**Non-CME Oral: Semaglutide for the Treatment of Childhood Obesity: Results of the STEP-YOUNG Trial**		(T3, TD, TC, TP, TRx)
		10-10:15 am	**STEP-YOUNG: Background and Framing**	*Martin Wabitsch*	
		10:15-10:30 am	**STEP-YOUNG: Trial Design and Participant**	*Michelle Van Name*	
		10:30-10:45 am	**STEP-YOUNG: Efficacy Resultss**	*Ania Jastreboff*	
		10:45-11 am	**STEP-YOUNG: Safety Results**	*Antje Korner*	

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Potomac AB	11/16	11-11:15 am	**STEP-YOUNG: Commentary**	*Daniel Hsia*	
Potomac C123	11/16	10-11:30 am	**Symposium: Though the Brain Be Noble, the Gut Is Not Silent: Neural Plasticity of the Gut-Brain Axis**		(T2)
		10-10:20 am	**Gut-Brain Interactions in the Regulation of Feeding Behavior**	*Laura Rupprecht*	
		10:20-10:40 am	**Plasticity and Feeding Behavior**	*Henning Fenselau*	
		10:40-11 am	**Clinical Perspectives on the Brain and Feeding Behavior**	*Valerie Darcey*	
Potomac D456	11/16	10:15-11 am	**Precision Medicine, Artificial Intelligence, and Predictive Modeling Oral Session**		(T3, TD, TRx)
		10:15-10:30 am	**Machine-Learning Assisted Gene Risk Score for Satiation Predicts Tirzepatide Weight-Loss Response**	*Juan Garcia Cordova*	
		10:30-10:45 am	**An XGBoost Machine Learning Model to Predict Visceral Adipose Tissue in the Framingham Heart Study Cohort**	*Kathleen Robinson*	
		10:45-11 am	**Integrative Omics and GSEA Highlight Mechanisms of Semaglutide Action in Overweight/Obese Population**	*Absalon Gutierrez*	
Exhibit Hall BCD	11/16	11 am-3:30 pm	**Exhibit: Bark Park - Monday**		
National Harbor 12-13	11/16	11:30 am-1 pm	**TOS Program Committee Meeting (invite only)**		
Riverview Ballroom A	11/16	11:30 am-1:15 pm	**Corporate Supported Symposium: The Evolution of Obesity Management: Incorporating a Maturing Science into Clinical Practice**		(T5, TRx)
Exhibit Hall A	11/16	11:45 am-1:15 pm	**Corporate Supported Symposium: Discover Zepbound (Tirzepatide) Injection**		(T1, T4)
Riverview Ballroom B	11/16	11:45 am-12:45 pm	**Corporate Supported Symposium: Glucagon's Role in Metabolic Regulation and Why It Matters**		(T1)
Annapolis	11/16	12-1 pm	**TOS Population Science and Public Health Section Meeting (TOS members only)**		(T4, T6)
Potomac C123	11/16	12-1 pm	**TOS Metabolism and Integrative Physiology Section Meeting (TOS members only)**		(T1)
Potomac D456	11/16	12-1 pm	**TOS Pediatric Obesity Section Meeting (TOS members only)**		(TP)
Woodrow Wilson	11/16	12-1 pm	**TOS Clinical Practice Section Meeting (TOS members only) - Obesity Medicine in 2031: What Will It Look Like?**		(T5)
National Harbor 1	11/16	1-2 pm	**TOS Pediatrics Committee Meeting (invite only)**		
Annapolis	11/16	1:30-2:30 pm	**Early Career Workshop - Beyond Academia: Roadmap to What Comes Next**		(T1, T2, T3, T4, T5, T6)
		1:30-1:45 pm	**Focus on Transitioning from Academia to Industry as Early Career Researcher**	*Clare Lee*	
		1:45-2 pm	**Focus on Transitioning from Academia to Industry as Mid-Career Researcher**	*Kara Marlatt*	
		2-2:25 pm	**Focus on Transitioning from Academia to Industry as Late-Career Researcher**	*Donna Ryan*	

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National Harbor 10-11	11/16	1:30-2:30 pm	**TOS/SSIB Collaborative Symposium: Much Ado About Eating - The Neurobiology of Eating Behavior**		(T1, T2, T3, T4, T5, T6, TN, TP)
		1:30-1:45 pm	**What, Why, and How Children Eat**	*Kathleen Keller*	
		1:45-2 pm	**Palatable Food Value Learning in the Brain**	*Hyung Jin Choi*	
		2-2:25 pm	**Distinct Contributions of Pre-oral, Oral, and Post**	*Valerie Darcey*	
National Harbor 2-3	11/16	1:30-2:30 pm	**Brain Biology, GLP-1 Response, and Adipose Tissue Function Oral Session**		(T1, T2, TD, TN, TP)
		1:30-1:45 pm	**Pharmacologic and Physiologic Brown Adipose Tissue Activation Reveal Divergent Molecular Profiles in Humans**	*Somin Lee*	
		1:45-2 pm	**Improved Skeletal Muscle Metabolic Quality Following GLP-1 Receptor Agonist–Induced Weight Loss: A 7T MRI/MRS Study**	*Ryan Armbruster*	
		2-2:15 pm	**MRI Evidence of Gliosis Is Specific to the Hypothalamus, Not Other Appetite-Related Regions, in Children**	*Leticia Sewaybricker*	
		2:15-2:30 pm	**From Father to Offspring: Fish Oil Supplementation Reprograms Adipose Tissue Metabolism**	*Mariana Perez Lugo*	
Potomac AB	11/16	1:30-2:30 pm	**Symposium: Beyond the Injection: Navigating the Switch to Oral Obesity Treatment Options**		(T5, TRx)
		1:30-1:45 pm	**To Switch or Not To Switch? Access, Cost, Lifestyle Preferences, ORC Optimization**	*Gitanjali Srivastava*	
		1:45-2 pm	**Dose to Dose: What We Know, What We Assume, How to Measure Change, and Future Directions**	*Louis Aronne*	
		2-2:15 pm	**Real World Cases: The Patient Sitting in Front of You - What We Do When We Don't Know**	*Adam Gilden*	
Potomac C123	11/16	1:30-2:30 pm	**Early-Life and Youth Factors Shaping Health Outcomes Oral Session**		(T1, T4, TD, TP)
		1:30-1:45 pm	**Cumulative Lifestyle Risk and Overweight or Obesity at Age 3 Years in a Population-Based Study**	*Toshifumi Yoodshi*	
		1:45-2 pm	**The Associations Between Breastmilk Components and Eating Behaviors in Young Children**	*Ying Meng*	
		2-2:15 pm	**Shift Toward More Severe Obesity in Youth With Incomplete Post-Pandemic Recovery**	*Corinna Koebnick*	
		2:15-2:30 pm	**The Association Between First-Trimester Biomarkers and Hyperglycemia During Pregnancy**	*Ying Meng*	
Potomac D456	11/16	1:30-2:30 pm	**TOS/EASO/GSA Symposium: Bridging Science and Practice for Older Adults - Integrating the 2026 EASO Staging Framework and GSA KAER Toolkit (MOC)**		(T5)
		1:30-1:45 pm	**Beyond BMI: Identifying Phenotypes and Sarcopenic Obesity in Older Adults**	*Tiffany Cortes*	
		1:45-2 pm	**The 2026 EASO Position Statement: A New Era for Staging and Treatment Safety**	*Volkan Yumuk*	
		2-2:15 pm	**The KAER Toolkit in Action: Multimodal Management and Community Connectivity**	*Jennifer Pettis*	

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Woodrow Wilson	11/16	1:30-2:30 pm	**Non-CME Oral: Emerging Obesity Therapies and Clinical Outcomes Oral Session**		(T1, T3, TD, TC, TRx)
		1:30-1:45 pm	**Hydroxyl Dendrimer Targeting of Macrophages and Microglia as a Novel Therapy for Obesity**	*Cindy Yang*	
		1:45-2 pm	**Two-Year Phase 3 Trial Results of Setmelanotide in Patients with Acquired Hypothalamic Obesity**	*Susan Phillips*	
		2-2:15 pm	**A First-in-Class OCN-501 Preserves Skeletal Muscle During Semaglutide-Induced Weight Loss**	*Seounghun Kang*	
		2:15-2:30 pm	**Clinical Factors Associated with Maintenance of Weight Reduction on Tirzepatide: SURMOUNT-MAINTAIN**	*Tina Thethi*	
Exhibit Hall BCD	11/16	2:30-3:30 pm	**Poster Session 3**		
Exhibit Hall BCD	11/16	2:30-3:30 pm	**Coffee Break in Exhibit Hall**		
National Harbor 12-13	11/16	2:30-3:30 pm	**TOS CME Oversight Committee Meeting (invite only)**		
Annapolis	11/16	3:30-4:30 pm	**Symposium: Addressing Intersectional Weight Stigma: Lived Experience and Professional Perspectives**		(T4, T5, T6)
		3:30-3:45 pm	**Navigating the Triple Stigma: Mental Health, Eating Disorders, and Obesity Care**	*Amanda Fontenot & Nanette Adams*	
		3:45-4 pm	**Beyond Assumptions: LGBTQ+ Identity, Weight Stigma, and Affirming Obesity Care**	*Daniel Lee & Guy White*	
		4-4:15 pm	**Ask, Tell, Listen: Creating Concordance in Mental Health and Obesity Care**	*Veronica Vazquez-Velazquez & Andrea Zorrilla Alonso*	
National Harbor 10-11	11/16	3:30-4:30 pm	**Pediatric Obesity and Personalized Approaches to Care Oral Session**		(T1, T3, TD, TP)
		3:30-3:45 pm	**Family Chaos and Change in Family Health Behaviors and Weight Loss Among Children in the TEAM up Trial**	*Keeley Pratt*	
		3:45-4 pm	**HealthTRAC: Integrated Emotion Regulation and Lifestyle Intervention for Adolescents With Obesity**	*Elissa Jelalian*	
		4-4:15 pm	**Body Composition Phenotyping Improves Type 2 Diabetes Risk Stratification**	*Saqib Abdullah Basar*	
		4:15-4:30 pm	**Lifestyle Treatment Versus Pharmacotherapy in Adolescents with Obesity: A Randomized Trial**	*Aaron Kelly*	
Potomac AB	11/16	3:30-4:30 pm	**Blackburn Symposium (in Collaboration With ASN): Making Sense of the Dietary Guidelines - Development, Implementation, and Health Implications**		(T6, TN)
		3:30-3:35 pm	**Blackburn Award Winner**	*John Batsis*	
		3:35-3:50 pm	**Evolving Approach to Developing Dietary Guidelines for Americans**	*Alice Lichtenstein*	
		3:50-4:05 pm	**Implementation of the New DGAs in Food Programs**	*Elizabeth Solomon*	
		4:05-4:20 pm	**Implications of the 2025-2030 DGAs for Health and Obesity**	*Alyssa Moran*	

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Location	Date	Time	Title	Speaker	Track
Potomac C123	11/16	3:30-4:30 pm	**TOS/LF Collaborative Symposium: Lipedema: Rethinking Obesity Care and Research**		(T5, TD)
		3:30-3:45 pm	**Living With Lipedema: A Patient Perspective on Diagnosis, Care and Research Impact**	*Kasi Grosvenor*	
		3:45-4 pm	**Mapping the Future of Lipedema Science**	*Ashok Srinivasan*	
		4-4:15 pm	**Why Lipedema, Why Now? A Researcher's Perspective and Pathways to Engage**	*Rachelle Crescenzi*	
Potomac D456	11/16	3:30-4:30 pm	**Key Lecturer Kristy Townsend: Menopause and Hormone Therapy: New Therapeutics, New Applications**		(T1, TN)
Woodrow Wilson	11/16	3:30-4:30 pm	**Symposium: The Year in Obesity Approvals and Regulatory Updates**		(T4, TS, TD, TN, TRx)
		3:30-4:10 pm	**The Year in Obesity Approvals and Regulatory Updates**	*Raymond Soccio*	
National Harbor 2-3	11/16	3:45-4:30 pm	**Decision-Making, Nutrition, and Health Outcomes Oral Session**		(T4, TS, TD, TN, TRx)
		3:45-4 pm	**"I Don't Want to Just Lose Weight; I Want to Keep It Off": A Mixed-Methods Study of Decision-Making**	*Kirstie Herb Neff*	
		4-4:15 pm	**Plasma Proteomic Signatures Predict Long-Term Risk for Type 2 Diabetes in Latino Adults with Obesity**	*Aditya Choubal*	
		4:15-4:30 pm	**Obesity Amplifies PFAS-Associated Elevated Blood Pressure in U.S. Adolescents**	*Daniel Ouyan*	
Annapolis	11/16	5-6:30 pm	**Clinical Case Workshop: TOS Clinical Practice Committee Workshop: How Risk–Benefit Analyses and Obesity Treatment Decisions Change Across Generations**		(T5, TD, TN, TP, TRx)
National Harbor 10-11	11/16	5-6:30 pm	**Food Policy, Nutrition Programs, and Consumer Behavior Oral Session**		(T6, TD, TN, TP)
		5-5:15 pm	**Evaluating Effects of the Introduction and Repeal of Emergency SNAP Benefits on the Healthfulness of Grocery Store Purchases**	*C. Ross Hatton*	
		5:15-5:30 pm	**Effects of Recommending Food Swaps on Healthfulness and Carbon Footprint of Grocery Selections**	*Anna Grummon*	
		5:30-5:45 pm	**Effects of Front-Of-Package Label for Non-Sugar Sweeteners on Purchasing Behavior of Brazilian Parent**	*Allison Sylvetsky*	
		5:45-6 pm	**Parental Perspectives on Upcoming SNAP Sweetened Beverage Restrictions in Virginia**	*Jennifer Lambert*	
		6-6:15 pm	**The Neighborhood Prescription: Healing Together with the Meritus Food Farmacy**	*Sarah Martin*	
		6:15-6:30 pm	**Changes in the Nutritional Profile of Packaged Foods After Synthetic Dye Removal**	*C. Ross Hatton*	
National Harbor 2-3	11/16	5-6:30 pm	**Award Session: Ethan Sims Young Investigator Awards Competition**		
Potomac AB	11/16	5-6:30 pm	**Non-CME Oral: Advances in Weight-Loss Pharmacotherapy and Body Composition Oral Session**		(T3, TD, TC, TRx)
		5-5:15 pm	**Cagrilintide a Dual Amylin and Calcitonin Receptor Agonist Protects Bone Mass During Weight Loss**	*Marco Ponzetti*	
		5:15-5:30 pm	**Enobosarm in Patients With Obesity on Semaglutide: Quality Weight Loss & Better Physical Function**	*K. Gary Barnette*	

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Potomac AB	11/16	5:30-5:45 pm	**ApoB100 Vaccination Reduces Fat Mass While Preserving Lean Mass in Obesity**	*Hyung-Ji Kim*	
		5:45-6 pm	**Effects of Enicepatide (CT-388) on Body Composition in Adults With Overweight or Obesity**	*Harold Bays*	
		6-6:15 pm	**Utreglutide (GL0034) Improves Body Weight, Body Composition and HbA1c in Adults With Type 2 Diabetes**	*Rajamannar Thennati*	
		6:15-6:30 pm	**Phase 2 Study of NA-931, a Quadruple Receptor Agonist, Demonstrates Significant Weight Loss With Preservation of Lean Mass**	*Lloyd Tran*	
Potomac C123	11/16	5-6:30 pm	**Symposium: The Wonder Years: Treatment of Obesity in Younger Children, 6-12 Years (ABP MOC)**		(T3, T5, T6, TN, TP, TRx)
		5-5:20 pm	**Pharmacologic Treatment of Younger Children: Newer and Off-label Therapies**	*Eric Bomberg*	
		5:20-5:40 pm	**Parent-only Interventions to Treat Obesity in Younger Children**	*Kerri Boutelle*	
		5:40-6 pm	**Treatment of Genetic and Syndromic Obesity**	*Joan Han*	
Potomac D456	11/16	5-6:30 pm	**Symposium: Muscle in the Crosshairs: IMAT, GLP-1s, and the Battle for Lean Mass**		(T1, TN, TRx)
		5-5:25 pm	**Fat Where It Doesn't Belong: Cellular Heterogeneity and Cardiometabolic Relevance of Intermuscular Adipose Tissue**	*Cheehoon Ahn*	
		5:30-5:55 pm	**Weight Loss, Pharmacotherapy, and Skeletal Muscle: What Happens Beyond the Scale**	*Brandon Roberts*	
		6-6:25 pm	**Protein and Exercise Requirements for Maintaining Muscle Mass and Function in Obesity**	*David Church*	
Woodrow Wilson	11/16	5-6:30 pm	**Symposium: The Hidden Burden of Trauma in Obesity: What Health Care Professionals Need to Know (MOC)**		(T5, TS, TN)
		5-5:10 pm	**Patient Experience: Why This Session Matters**	*Yelena Kibasova*	
		5:10-5:30 pm	**How Trauma Shapes Obesity Biology and Behavior**	*Krista Schroeder*	
		5:30-5:50 pm	**Stigma-related Trauma and Obesity Care Complexity**	*Sean Phelan*	
		5:50-6:10 pm	**Integrating Trauma Screening Into Obesity Treatment Pathways**	*Afton Koball*	
Riverview Ballroom	11/16	8:30-11:30 pm	**Closing Party: Back to the 80s Bash**		

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TUESDAY, NOVEMBER 17, 2026

Location	Date	Time	Title	Speaker	Track
Potomac Terrace	11/17	7-8 am	**Runners and Walkers Meetup** (outdoors between atrium and pool)		
Ballroom Level	11/17	7:30 am-12:30 pm	**Registration Open**		
National Harbor 6-7	11/17	8 am-1 pm	**Luggage Check (free)**		
Annapolis	11/17	8:30-9:30 am	**Clinical Case Workshop: How To Measure Energy Balance and Interpret Data in Pre-Clinical Models in a Clinically Translational Way**		(T3, T5)
National Harbor 10-11	11/17	8:30-9:30 am	**Lipedema, Genetics, and Energy Balance Oral Session**		(T1, TD, TN)
		8:30-8:45 am	**Vascular Dysfunction as a Driver (not Just Consequence) of Lipedema**	*Sara Al-Ghadban*	
		8:45-9 am	**Adenosine Receptor Axis SNPs Implicated in Obesity Phenotypes in Post Menopausal Women**	*Lydia Goss*	
		9-9:15 am	**Circulating Lipids Are Altered by a Microbiome Enhancer Diet and Are Associated With Energy Balance**	*Justine Mucinski*	
		9:15-9:30 am	**CREBRF Variant Is Associated With Higher Energy Intake but Not Lower Metabolic Rate in Samoan Adults**	*James DeLany*	
Potomac C123	11/17	8:30-9:30 am	**Symposium: Unpacking the Make Our Children Healthy Again Strategy Report (ABP MOC)**		(T6, TP)
		8:30-8:45 am	**The Rise of the MAHA Movement**	*Deena Shanker*	
		8:45-9 am	**Food Additives, Diet, and Obesity**	*Thomas Galligan*	
		9-9:15 am	**The Role of Environmental Contaminants in Obesity**	*Udayan Apte*	
Potomac D456	11/17	8:30-9:30 am	**Symposium: JAMA and National Academies Present the Future of Obesity Care Delivery: Systems, Care Models, and Research**		(T5, T6)
		8:30-8:45 am	**National Academies Roundtable on Obesity Solution Report**	*Bill Dietz*	
		8:45-9 am	**Healthcare Delivery Models From JAMA Summit**	*Louis Aronne*	
		9-9:15 am	**Action Agenda and Research Roadmap**	*Anne Cappola*	
Woodrow Wilson	11/17	8:30-9:30 am	**Symposium: The Unspoken Side Effects: Navigating the Mental Shifts of Weight Loss**		(T5)
		8:30-8:40 am	**Patient Perspective**	*Patricia Nece*	
		8:40-9 am	**When Food Stops Working: Clinical Care After MBS and Incretin Therapy**	*Gretchen Ames*	
		9-9:20 am	**The Identity Paradox: Social Dynamics and the "New" Self**	*Larissa McGarrity*	

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Location	Date	Time	Title	Speaker	Track
National Harbor 2-3	11/17	8:45-9:30 am	**Predicting, Measuring, and Optimizing Treatment Response Oral Session**		(T3, TD, TN, TRx)
		8:45-9 am	**Cardiac Structural Recovery with GLP-1 Receptor Agonists in Heart Failure: A Matched Study**	*Alfredo Verastegui*	
		9-9:15 am	**Who Benefits from Calorie Counting? Energy Intake Underreporting Predicts Weight Loss Response**	*Matthew Breit*	
		9:15-9:30 am	**Disordered Eating in Persons (BMI >27 kg/m2) Randomized to Semaglutide or Placebo for 60 Weeks**	*Kelly Allison*	
National Harbor 10-11	11/17	10-11 am	**Key Lecturer Sheela Magge: Pediatric Obesity – The Effects of Body Composition, Ancestry, and Ectopic Fat on Cardiometabolic Risk**		(T1, TP)
Potomac C123	11/17	10-11 am	**Key Lecturer Roger Cone: A Receptor by Any Other Name Would Signal as Sweet - How Melanocortin Receptors Reshaped the Genetics of Obesity**		(T1, T2, T3, T5, TP, TRx)
Potomac D456	11/17	10-11 am	**Key Lecturer Gail Daumit: Translating and Disseminating a Behavioral Obesity Treatment Intervention for Adults with Serious Mental Illness**		(T3, T5, T6)
National Harbor 2-3	11/17	10-11 am	**Symposium: Policy in Motion: How Changes to U.S. Food and Healthcare Policies Are Reshaping Diet and Health**		(T6, TN, TP)
		10-10:15 am	**How Changes to SNAP Benefits and Eligibility Affect Participant Health and Wellbeing**	*Laura Samuel*	
		10:15-10:30 am	**Health Effects of Recent Changes to Medicaid**	*Seth Berkowitz*	
		10:30-10:45 am	**Impact of Universal Free School Meals on Children's Diet and Health**	*Hannah Lane*	
Woodrow Wilson	11/17	10-11 am	**Symposium: Merging Modalities: A Unified Approach to Treating the Patient with BMI >35 (MOC)**		(T5, TS, TRx)
		10-10:15 am	**Beyond Today's Medications: Emerging Pharmacotherapy and Treatment Pathways for Patients with BMI ≥35**	*Ania Jastreboff*	
		10:15-10:30 am	**Optimizing Pharmacologic Treatment for Patients With BMI ≥35: Current Evidence and Clinical Integration**	*Jamy Ard*	
		10:30-10:45 am	**Bariatric and Metabolic Surgery for BMI ≥35: Positioning Surgery Within a Modern Therapeutic Continuum**	*Crystal Johnson-Man*	
Riverview Ballroom	11/17	11 am-12:30 pm	**General Session: Brainy Brunch Trivia Throwdown**		

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