



### **POSTER PRINTING SERVICES**

There is a FedEx Kinkos in the convention center [CLICK HERE](#) to visit their webpage ([usa5629@fedex.com](mailto:usa5629@fedex.com)). **Note that it is open each day including weekends.**

### **HOW TO DESIGN POSTERS**

You are not required to adopt this method of poster design, though many people like it. Please review this video on YouTube about improving poster formatting: <https://www.youtube.com/watch?v=1RwJbhkCA58&t> The video is 20 minutes long. The how-to section begins at 11 min. 30 sec. This method aims to both make it easier to create a poster and to make the poster better at conveying information to attendees.

### **DATE OF IN-PERSON PRESENTATION AND POSTER NUMBER**

Each poster will be displayed for the day of your scheduled presentation only. Poster sessions are organized by keyword and then numbered sequentially; these numbers will be assigned in late September. You are **NOT** required or encouraged to print your poster number on the poster. Look for your poster number (P-####) on the ObesityWeek website or app by searching your name or abstract title to find your place in the poster hall (Gaylord National Resort & Convention Center - Prince George's Exhibit Hall B).

### **POSTER SETUP**

Poster setup starts at 9:30 am on the day of your presentation (*or 5:00pm for Saturday, November 14<sup>th</sup> presentations*)

### **PRESENTATION TIMES**

On your date of presentation, you are required to stand next to your poster for discussion in Gaylord National Resort & Convention Center - Prince George's Exhibit Hall B per this schedule:

- Saturday, November 14, 2026 at 7:30 - 8:30pm (during the Welcome Reception in exhibit hall 7:15-9:15pm)
- Sunday, November 15, 2026 at 2:30 - 3:30pm (during Coffee Break in exhibit hall)
- Monday, November 16, 2026 at 2:30 - 3:30pm (during Coffee Break in exhibit hall)

### **VIRTUAL POSTERS**

ObesityWeek® 2026 will be an in-person meeting. In addition to your in-person presentation, you are encouraged (*not a requirement*) to upload your poster to the speaker portal for attendee access in the conference app.

- Poster PDF: Upload a PDF of your final poster by **November 1, 2026**.
- Audio Recording: Upload a brief audio explanation (up to 5 minutes) describing your poster's purpose, methods, key findings, and take-home message.

These requirements ensure your research is accessible to all ObesityWeek attendees.

### **RULES FOR PRESENTATION**

- Poster sizes may be up to, but are not to exceed, 8-feet-wide by 4-feet-high. (Landscape orientation)
- An 8-feet-wide x 4-feet-high cork display board will be available for mounting posters.
- The poster does not have to fill the entire surface. It may not be any larger than the surface.
- You must use pushpins to attach your materials to the poster board. Do not use glue, tape, or staples.
- Pushpins are available in the poster hall.
- Do not write or paint on the poster boards themselves.

### **REMOVE POSTERS NO LATER THAN THE CLOSE OF THE EXHIBIT HALL**

- Saturday, November 14, 2026 by 9:00pm
- Sunday, November 15, 2026 by 4:00pm
- Monday, November 16, 2026 by 4:00pm



**TEAR-DOWN INSTRUCTIONS**

- Posters must be removed before the exhibit hall closes the day of your presentation.
- Posters are not to be removed prior to your assigned presentation time.
- The Obesity Society is not responsible for posters remaining after the tear-down deadline.
- Posters NOT removed by the close of the exhibit hall will be discarded.

**QUESTIONS?** [annualmeeting@obesity.org](mailto:annualmeeting@obesity.org)