

Schedule *At-A-Glance*

Gaylord National Resort & Convention Center, Washington, DC

GENERAL SESSION		KEY LECTURE		SYMPOSIUM		ORAL SESSION		CLINICAL WORKSHOP		TOS SECTION		SPECIAL / SOCIAL		CORPORATE / NON-CME		AWARD SESSION	
TIME		FRIDAY Nov 13 · Pre-Conference		SATURDAY Nov 14 · Day 1		SUNDAY Nov 15 · Day 2		MONDAY Nov 16 · Day 3		TUESDAY Nov 17 · Day 4							
1:00 PM		PRE-CONFERENCE COURSE Pediatric Obesity: Comprehensive Care and Practical Strategies for Today's Clinician — Day 1 Potomac C123, Ballroom Level · 9.5 CMEs + ABIM MOC															
7:00 AM						Runners and Walkers Meetup		Sunrise Yoga (ticketed event)		Runners and Walkers Meetup							
8:00 AM				PRE-CONFERENCE COURSE Pediatric Obesity: Comprehensive Care and Practical Strategies for Today's Clinician — Day 2 Potomac C123, Ballroom Level													
8:30 AM						KEY LECTURE Eileen Seeholzer: The Affordable Toolkit — Effective Weight Management Strategies When GLP-1s Are Out of Reach Woodrow Wilson, Ballroom Level KEY LECTURE Evanna Mills: The Immune System and Regulation of Adipose Tissue Potomac D456, Ballroom Level SYMPOSIUM From Kids to Older Adults: Should the "Healthy" Use GLP-1s? National Harbor 2–3 ORAL SESSION Track 3 Interventional and Clinical Studies Orals — Session 2 Potomac C123, Ballroom Level CORPORATE / NON-CME Corporate Orals Session 3 Potomac AB, Ballroom Level		CLINICAL WORKSHOP Assessing for Malnutrition and How to Address it Within Obesity Care Annapolis 1–2, Ballroom Level CORPORATE / NON-CME Corporate Orals Session 5 Potomac AB, Ballroom Level KEY LECTURE Matthew Buman: Beyond Counting Steps — Wearables as Engines of Metabolic Change National Harbor 10–11 SYMPOSIUM LEAP Trial: Long-Term Effectiveness of the Obesity Medication Phentermine Woodrow Wilson, Ballroom Level SYMPOSIUM Marked Before We Draw Breath: How Parental Obesity Shapes the Brain and Body National Harbor 2–3 JOINT SYMPOSIUM · TOS/ACSM Moving Beyond Weight — Physiological and Psychological Engagement for Physical Activity in Obesity Treatment		CLINICAL WORKSHOP How to Measure Energy Balance and Interpret Data in Pre-Clinical Models in a Clinically Translational Way Annapolis 1–2, Ballroom Level SYMPOSIUM The Unspoken Side-Effects: Navigating the Mental Shifts of Weight Loss Woodrow Wilson, Ballroom Level ORAL SESSION Track 1 Metabolism and Integrative Physiology Orals — Session 4 National Harbor 10–11 ORAL SESSION Track 3 Interventional and Clinical Studies Orals — Session 6 Potomac D456, Ballroom Level SYMPOSIUM · POLICY/PEDIATRICS Unpacking the Make Our Children Healthy Again Strategy Report Potomac C123, Ballroom Level							

9:30 AM				Potomac C123, Ballroom Level	
			Coffee Break in Exhibit Hall Exhibit Hall BCD Morning Buzz: Coffee with the Experts	Coffee Break in Exhibit Hall Exhibit Hall BCD Exhibit Hall Open — Monday Exhibit Hall BCD	
10:00 AM				CORPORATE / NON-CME Corporate Orals Session 6 Potomac AB, Ballroom Level NON-CME SESSION Early Career Lightning Talks National Harbor 10–11 CLINICAL WORKSHOP Individualizing the Dietary Prescription Within Obesity Care Annapolis 1–2, Ballroom Level SYMPOSIUM Navigating the Noise: Supplements, Social Media Myths, and GLP-1 Realities Woodrow Wilson, Ballroom Level SYMPOSIUM Though the Brain Be Noble, the Gut Is Not Silent: Neural Plasticity of the Gut-Brain Axis Potomac C123, Ballroom Level JOINT SYMPOSIUM · TOS/NCCOR Assessing Capacity to Address Obesity Using Whole of Systems Approaches for Cancer Prevention and Control National Harbor 2–3 ORAL SESSION Track 3 Interventional and Clinical Studies Orals — Session 4 Potomac D456, Ballroom Level	
10:30 AM		ORAL SESSION Track 1 Metabolism and Integrative Physiology and Track 2 Neuroscience Orals — Session 1 Potomac D456, Ballroom Level	KEY LECTURE Andres Acosta: Why One Size Will Never Fit All — Biological Diversity in Obesity and Treatment Response Potomac D456, Ballroom Level KEY LECTURE Joy DeBellis: The Missing Link in Obesity Care — Building Resilient Habits for a Chaotic World Woodrow Wilson, Ballroom Level JOINT SYMPOSIUM · TOS/AANP		KEY LECTURE Gail Daumit: Translating and Disseminating a Behavioral Obesity Treatment Intervention for Adults with Serious Mental Illness Potomac D456, Ballroom Level KEY LECTURE Roger Cone: A Receptor by Any Other Name Would Signal as Sweet — How Melanocortin Receptors Reshaped the Genetics of Obesity

			Turn Down the Volume — Tackling Food Noise in Obesity Treatment Potomac AB, Ballroom Level ORAL SESSION Track 1 Metabolism and Integrative Physiology Orals — Session 1 Potomac C123, Ballroom Level ORAL SESSION Track 4 Population Health Orals — Session 1 National Harbor 2–3 CLINICAL WORKSHOP How to Treat Sarcopenic Obesity in Aging Patients Leveraging AMO and Nutrition Annapolis 1–2, Ballroom Level		Potomac C123, Ballroom Level KEY LECTURE Sheela Magge: Pediatric Obesity and Chronic Disease — Determining Factors National Harbor 10–11 SYMPOSIUM · POLICY Policy in Motion: How Changes to U.S. Food and Healthcare Policies Are Reshaping Diet and Health National Harbor 2–3
10:30 AM					SYMPOSIUM Merging Modalities: A Unified Approach to Treating the Patient with BMI >35 Woodrow Wilson, Ballroom Level
11:00 AM			Bark Park — Sunday Exhibit Hall BCD	Bark Park — Monday Exhibit Hall BCD	GENERAL SESSION · ALL ATTENDEES Brainy Brunch Trivia Throwdown Riverview Ballroom
12:00 PM			TOS SECTION MEETINGS · MEMBERS ONLY Bariatric Surgery & Devices · Behavioral Science · Clinical Science · Neuroscience (Multiple Rooms)	TOS SECTION MEETINGS · MEMBERS ONLY Basic Science · Clinical Practice · Pediatric Obesity · Population Science and Public Health (Multiple Rooms)	
1:00 PM		ORAL SESSION Track 1 Metabolism and Integrative Physiology and Track 2 Neuroscience Orals — Session 2 Potomac D456, Ballroom Level			
1:30 PM		KEY LECTURE Colleen Sloan: The Evolving Plate — How Nutritional Needs Shift Throughout the Obesity Care Journey Woodrow Wilson, Ballroom Level SYMPOSIUM Do You Hear What I Hear? Perspectives on Food Noise National Harbor 2–3 SYMPOSIUM · PEDIATRICS	GENERAL SESSION · ALL ATTENDEES TOS Awards Plenary Potomac AB, Ballroom Level	SYMPOSIUM Beyond the Injection: Navigating the Switch to Oral Obesity Treatment Options Potomac AB, Ballroom Level CORPORATE / NON-CME Corporate Orals Session 7 Woodrow Wilson, Ballroom Level JOINT SYMPOSIUM · TOS/EASO/GSA Bridging Science and Practice for Older Adults — Integrating the	

		Optimizing Non-Pharmacological Interventions in Pediatric Obesity Potomac C123, Ballroom Level ORAL SESSION Track 6 Policy/Public Health Orals — Session 1 National Harbor 10–11		2026 EASO Staging Framework and GSA KAER Toolkit Potomac D456, Ballroom Level JOINT SYMPOSIUM · TOS/SSIB Much Ado About Eating — The Neurobiology of Eating Behavior National Harbor 10–11 ORAL SESSION Track 1 Metabolism and Integrative Physiology Orals — Session 3 National Harbor 2–3 ORAL SESSION Track 4 Population Health Orals — Session 3 Potomac C123, Ballroom Level	
2:30 PM			Coffee Break in Exhibit Hall Exhibit Hall BCD Poster Session 2 Exhibit Hall BCD	Coffee Break in Exhibit Hall Exhibit Hall BCD Poster Session 3 Exhibit Hall BCD	
3:00 PM		KEY LECTURE Michael Goran: Ultra-Processed Foods and the Developing Brain — A Neurodevelopmental Model of Obesity and Chronic Disease Risk National Harbor 2–3 SYMPOSIUM · PEDIATRICS From Gaps to Guidance: Advancing Clinical Research in Pediatric Obesity Pharmacotherapy Potomac C123, Ballroom Level SYMPOSIUM To Gain or Not to Gain — Is the Obesity Paradox a Shield or Sword as We Age? Potomac D456, Ballroom Level SYMPOSIUM · POLICY What Works on the World's Plate: Global Food Policy Wins National Harbor 10–11 CORPORATE / NON-CME Corporate Orals Session 1 Woodrow Wilson, Ballroom Level			
3:30 PM			SYMPOSIUM Breast Cancer — We're Treating It All Wrong	CLINICAL WORKSHOP Addressing Eating Disorder Pathology Within Obesity Care	

			National Harbor 10–11 CORPORATE / NON-CME Corporate Orals Session 4 Potomac AB, Ballroom Level SYMPOSIUM From Prevalence to Practice: Recognizing and Screening Eating Disorders in Adults Seeking Obesity Treatment Woodrow Wilson, Ballroom Level CLINICAL WORKSHOP Individualizing the Physical Activity Prescription Within Obesity Care Annapolis 1–2, Ballroom Level ORAL SESSION Track 3 Interventional and Clinical Studies Orals — Session 3 Potomac C123, Ballroom Level ORAL SESSION Track 4 Population Health Orals — Session 2 National Harbor 2–3	Annapolis 1–2, Ballroom Level KEY LECTURE Kristy Townsend: Menopause and Hormone Therapy — New Therapeutics, New Applications Potomac D456, Ballroom Level SYMPOSIUM · POLICY Making Sense of the Dietary Guidelines: Development, Implementation, and Health Implications Potomac AB, Ballroom Level ORAL SESSION Track 3 Interventional and Clinical Studies Orals — Session 5 National Harbor 10–11 ORAL SESSION Track 4 Population Health Orals — Session 4 National Harbor 2–3	
4:30 PM		KEY LECTURE Robyn Pashby: Is There a Place for Body Positivity in Weight Management? National Harbor 2–3 SYMPOSIUM Bariatric Surgery: What's New, What's True and What's Next? Woodrow Wilson, Ballroom Level SYMPOSIUM Functional Diversity of Adipose Tissue in Obesity: White, Brown, and Clinical Perspectives Potomac D456, Ballroom Level CLINICAL WORKSHOP Tailoring Evidence-Based Guidelines to Meet the Needs of Patients Annapolis 1–2, Ballroom Level ORAL SESSION Track 3 Interventional and Clinical Studies Orals — Session 1 National Harbor 10–11 CORPORATE / NON-CME Corporate Orals Session 2			

5:00 PM		Potomac C123, Ballroom Level			
			NON-CME SESSION Obesity Journal Symposium Potomac D456, Ballroom Level KEY LECTURE Peter Smith: PATHWEIGH — Mitigating Population-Level Weight Gain in Primary Care Potomac C123, Ballroom Level SYMPOSIUM · POLICY Shifting Coverage: The Evolving Insurance Landscape for Obesity Medications Potomac AB, Ballroom Level CLINICAL WORKSHOP The Role of Parents (Adult Caregivers) in Childhood/Adolescent Obesity Care Annapolis 1–2, Ballroom Level JOINT SYMPOSIUM · TOS/NORC Novel Findings in Nutrition and Obesity Research: Highlighting NORCs Early Career Investigators National Harbor 2–3 ORAL SESSION Track 1 Metabolism and Integrative Physiology Orals — Session 2 National Harbor 10–11	CORPORATE / NON-CME Corporate Orals Session 8 Potomac AB, Ballroom Level AWARD SESSION Ethan Sims Young Investigator Awards Competition National Harbor 2–3 SYMPOSIUM Muscle in the Cross Hairs: IMAT, GLP-1s, and the Battle for Lean Mass Potomac D456, Ballroom Level SYMPOSIUM The Hidden Burden of Trauma in Obesity: What Health Care Professionals Need to Know Woodrow Wilson, Ballroom Level SYMPOSIUM · PEDIATRICS The Wonder Years: Treatment of Obesity in Younger Children, 6–12 Years Potomac C123, Ballroom Level ORAL SESSION Track 6 Policy/Public Health Orals — Session 2 National Harbor 10–11	
5:45 PM		GENERAL SESSION · ALL ATTENDEES Presidential Plenary Potomac AB, Ballroom Level			
7:00 PM		Exhibit Hall Opens Exhibit Hall BCD			
7:15 PM		Welcome Reception Exhibit Hall BCD Poster Session 1 Exhibit Hall BCD			
8:30 PM				Closing Party Riverview Ballroom	

Schedule subject to change. Visit ObesityWeek.org for the most current program information.