



Nutrition Obesity Research Center

The public and health care professionals are cordially invited to attend

WEIGHT WELLNESS DAY

CME and ABIM MOC Credits available

The University of Texas Southwestern Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

This activity is approved for AMA PRA Category 1 Credits™.

Saturday, Oct. 14, 2023 | 9 a.m. - 4 p.m.

**UT Southwestern Medical Center | 5323 HARRY HINES BLVD., DALLAS, TX 75390
South Campus | D1.600**



Chellse Gazda, M.D.



Jaclyn Albin, M.D.



Milette Siler, RD, LD, CCMS



Jeff Schellinger, M.C.N., RD, CSOWM



Ted Kyle, RPh, M.B.A.



Melanie Hafford, M.D.



Jaime Almandoz, M.D., M.B.A., FTOS



Jeffrey Zigman, M.D., Ph.D.



REGISTER TODAY

utsouthwestern.edu/research/norc/weight-wellness-day/



Non-Physician



Physician CME

held in conjunction with
obesityweek



October 14-17, 2023 • Dallas



Nutrition Obesity Research Center

The public and health care professionals are cordially invited to attend

WEIGHT WELLNESS DAY

CME and ABIM MOC Credits available

The University of Texas Southwestern Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

This activity is approved for AMA PRA Category 1 Credits™.

Saturday, Oct. 14, 2023 | 9 a.m. - 4 p.m.

MORNING SESSIONS

Welcome

Jeffrey Zigman, M.D., Ph.D.

9-9:40 a.m.

Medications to help lose weight and curb appetite

Chellse Gazda, M.D.

9:40-9:45 a.m.

5-minute break

9:45-10:55 a.m.

Building a nourishing plate

*** Live cooking demonstration**

Jaclyn Albin, M.D., and Milette Siler, RD, LD, CCMS

10:55-11 a.m.

5-minute break

11:00 a.m.-Noon

Why 2023 is a pivotal year for obesity care

Ted Kyle, RPh, M.B.A.

CME and ABIM MOC Credits available

Noon-1 p.m.

Lunch break



held in conjunction with



October 14-17, 2023 • Dallas



The public and health care professionals are cordially invited to attend

WEIGHT WELLNESS DAY

CME and ABIM MOC Credits available

The University of Texas Southwestern Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. This activity is approved for AMA PRA Category 1 Credits™.

Saturday, Oct. 14, 2023 | 9 a.m. - 4 p.m.

AFTERNOON SESSIONS

Obesity Treatment Bootcamp

CME and ABIM MOC Credits available for Bootcamp

1-1:45 p.m.

How to perform a motivational dietary intake with your patients
Jeff Schellinger, M.C.N., RD, CSOWM

1:45-2:30 p.m.

Practical aspects of using available obesity medications
Jaime Almandoz, M.D., M.B.A., FTOS

2:30-3:15 p.m.

Weight loss surgery options for your patients
Melanie Hafford, M.D.

3:15-4 p.m.

Patient vignettes
A panel discussion of patient cases
moderated by Jeffrey Zigman, M.D., Ph.D.

4:00 p.m.

Closing remarks
Jeffrey Zigman, M.D., Ph.D.



held in conjunction with



October 14-17, 2023 • Dallas