



# TOS 41st Annual Scientific Meeting Continuing Medical Education Information for Learners

## Accreditation and Credit for Physicians

The Obesity Society is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Obesity Society designates this live activity for a maximum of 19.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity. This activity combines a live in-person format with recorded modules.

*ACCME Activity ID 202350480*

## Learning Objectives

1. Apply the latest recommendations for evaluation and treatment; tailor intervention strategies based on patient characteristics such as age or metabolic or behavioral phenotype; understand the differences between weight loss and weight loss maintenance.
2. Understand the evidence-based science regarding neuroendocrine, environmental, endocrine, microbiota and/or cognitive behavioral mechanisms regulating energy balance and body weight. Apply that knowledge to develop and implement treatment options for adults and pediatric patients with overweight, obesity or obesity-related comorbidities.
3. Implement appropriate strategies for diagnosing adolescent and pediatric obesity, evaluate current treatment options and emerging therapeutics and provide care and treatment to adolescent and pediatric patients accordingly. Teach evidence-based strategies for obesity prevention in the pediatric and adolescent population.
4. Apply lessons learned about the impact of nutrition and obesity initiatives and policies to reduce health disparities and stigmatization of individuals with obesity.
5. Apply new knowledge related to dietary intervention and physical activity from the perspectives of Metabolism and Integrative Physiology, Neuroscience, Intervention and Clinical Studies, Population Health, Clinical/Professional Practice, and Policy/Public Health.

6. Incorporate knowledge about coding for reimbursement into the clinical practice of health care providers to support their ability to treat the underlying disease of overweight and obesity. Incorporate knowledge about best practices to develop and run effective clinics that treat overweight and obesity.

## Commercial Support

Educational grants in partial support of the conference were received from Pfizer and Rhythm Pharmaceuticals, Inc.

## Faculty and Planning Committee Disclosure Information

The Obesity Society adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CE activity, including faculty, planners, reviewers or others are required to disclose all relevant financial relationships with ineligible entities<sup>1</sup> (commercial interests). All relevant conflicts of interest have been mitigated prior to the commencement of the activity.

The Obesity Society asks all individuals involved in the development and presentation of Continuing Medical Education (CME) activities to disclose all relevant relationships with ineligible companies. This information is disclosed to CME activity participants. The Obesity Society has procedures to mitigate all conflicts of interest. In addition, faculty members are asked to disclose when any unapproved use of pharmaceuticals or devices is being discussed. TOS requires additional disclosures beyond the ACCME definition of an ineligible company. These include food, weight loss, and supplement industry disclosures. In the list below, the nature of the relationship and company are followed by the industry of that company.

### Chairs:

At TOS activities, course/session chairs are responsible for timekeeping, introductions, housekeeping announcements, and presenting audience questions to speakers. TOS has determined that chairs do not have the ability to influence content. Accordingly, TOS does not collect, mitigate, or disclose relevant financial relationships of chairs (unless they have a dual role as a planner or speaker).

### Panelists:

Note: There are no panelists at the activity. Panelists are speakers who speak without presenting slides in a portion of a session or course. As speakers, they are required to disclose, and their relevant financial relationships are listed below. All speakers - with or without relevant financial relationships, with or without slides - are advised, and subsequently attest that "The content and/or presentation of the information with which I am involved will promote quality or

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<sup>1</sup> An ineligible company as defined by the ACCME is one that is not eligible for ACCME accreditation, in other words those whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. Examples of such organizations include: 1) Advertising, marketing, or communication firms whose clients are ineligible companies, 2) Bio-medical startups that have begun a governmental regulatory approval process, 3) Compounding pharmacies that manufacture proprietary compound, 4) Device manufacturers or distributors, 5) Diagnostic labs that sell proprietary products, 6) Growers, distributors, manufacturers or sellers of medical foods and dietary supplements, 7) Manufacturers of health-related wearable products, 8) Pharmaceutical companies or distributors, 9) Pharmacy benefit managers, 10) Reagent manufacturers or sellers. Reference: <https://accme.org/faq/what-accmes-definition-ineligible-company>

improvements in health care and will not promote a specific proprietary business interest or a commercial interest (including ACCME-defined ineligible companies). Content for this activity, including any presentation of therapeutic options, will be balanced, evidence-based and commercially unbiased.”

### Speaker Disclosures:

| First Name | Last Name        | Degree           | Disclosure   |
|------------|------------------|------------------|--|
| Monica     | Agarwal          | MD, MEHP, FACE   | No Relevant Financial Relationships  |
| Tanya      | Agurs-Collins    | PhD, RD          | No Relevant Financial Relationships  |
| Amy        | Ahern            | PhD              | Advisor relationship with WW (Medical Food and Weight Management)  |
| Jonathan   | Alessi           |                  | No Relevant Financial Relationships  |
| Sara       | Al-Ghadban       |                  | No Relevant Financial Relationships  |
| Marlyn     | Allcock          | MPH, PhD         | No Relevant Financial Relationships  |
| Jaime      | Almandoz         | MD, MBA, FTOS    | Advisor relationship with Eli Lilly (Pharmaceuticals) and Novo Nordisk (Pharmaceuticals)<br><br>Consultant relationship with Boehringer Ingelheim (Pharmaceuticals)  |
| Kimberly   | Alonge           | PhD              | No Relevant Financial Relationships  |
| Jessica    | Alvarez          | PhD, RD          | Consultant relationship with Anagram Therapeutics (Supplement)   |
| Ali        | Aminian          | MD, FACS, FASMBS | Researcher relationship with Ethicon (Medical Device), Medtronic (Medical Device)<br><br>Speaker relationship with Medtronic (Medical Device), Ethicon (Medical Device)  |
| Diego      | Anazco           | MD               | No Relevant Financial Relationships  |
| Betsy      | Anderson Steeves | PhD, RDN         | No Relevant Financial Relationships  |
| Caroline   | Apovian          | MD               | Consultant relationship with Altimmune (Weight Management), Cowen and Company, LLC (Weight Management), Currax Pharmaceuticals (Pharmaceuticals), EPG Communication Holdings Ltd (Weight Management), Form Health, Inc (Weight Management), Gelesis (Pharmaceuticals), L-Nutra, Inc (Pharmaceuticals), NeuroBo Pharmaceuticals, Inc (Weight Management), Novo Nordisk (Pharmaceuticals), Pain Script Corporation (Pharmaceuticals), Palatin Technologies, Inc (Weight Management), Pursuit By You (Weight Management), ReShape Lifesciences Inc (Weight Management), Xeno Biosciences (Weight Management), Roman Health Ventures (Weight Management) |
| Jamy       | Ard              | MD               | Advisor relationship with Novo Nordisk (Pharmaceuticals)<br><br>Consultant relationship with Nestle Healthcare Nutrition (Food), Eli Lilly (Pharmaceuticals), Regeneron (Pharmaceuticals), Intuitive (Medical Device), WW (Medical Food and Weight Management)<br><br>Researcher relationship with Epitomee (Medical Device), UnitedHealth Group (Health Insurance), KVKTech (Pharmaceuticals), Eli Lilly (Pharmaceuticals)  |
| Katherine  | Balantekin       | PhD, RD          | No Relevant Financial Relationships  |
| Jenny      | Barton           | PhD              | No Relevant Financial Relationships  |
| Monica     | Baskin           | PhD              | No Relevant Financial Relationships  |

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|-----------|-----------------|---------------------|---|
| John      | Batsis          | MD, FTOS            | No Relevant Financial Relationships   |
| Kate      | Bauer           | PhD, MS, FTOS       | No Relevant Financial Relationships   |
| Kristine  | Beaulieu        | PhD, RD             | No Relevant Financial Relationships   |
| Kristen   | Beavers         | PhD, MPH, RD        | Researcher relationship with Jason Pharmaceuticals (Pharmaceuticals)  |
| Nick      | Berbari         | PhD                 | No Relevant Financial Relationships   |
| Seth      | Berkowitz       | MD, MPH             | No Relevant Financial Relationships   |
| Mohammad  | Bhatti          |                     | No Relevant Financial Relationships   |
| Lara      | Bideyan         | PhD                 | No Relevant Financial Relationships   |
| Bridget   | Biggs           | PhD                 | No Relevant Financial Relationships   |
| Sara      | Bleich          | PhD                 | No Relevant Financial Relationships   |
| Richard   | Boles           | PhD                 | No Relevant Financial Relationships   |
| Eric      | Bomberg         | MD, MAS             | Researcher relationship with Novo Nordisk (Pharmaceuticals)   |
| Alex      | Bonnetcaze      | MD                  | No Relevant Financial Relationships   |
| Sarah     | Bramblette      | MSHL                | Consultant relationship with Boehringer Ingelheim (Pharmaceuticals)   |
| Justin    | Brown           | PhD                 | Speaker relationship with Novo Nodisk (Pharmaceuticals)   |
| Kay       | Brown           |                     | No Relevant Financial Relationships   |
| Natasha   | Burke           | PhD                 | No Relevant Financial Relationships   |
| Marisa    | Censani         | MD, FOMA, DiplABOM  | No Relevant Financial Relationships   |
| Marshall  | Chin            | MD, MPH             | Advisory Board relationship with Bristol-Myers Squibb Company (Pharmaceuticals)   |
| Sae       | Chung           | PhD                 | No Relevant Financial Relationships   |
| Stephanie | Chung           | MBBS                | No Relevant Financial Relationships   |
| Maya      | Cohen           | BS Pharmacy         | No Relevant Financial Relationships   |
| Kristen   | Cooksey Stowers | PhD                 | No Relevant Financial Relationships   |
| Karen     | Corbin          | PhD, RD             | Researcher relationship with Merck (Pharmaceuticals), Metacrine (Pharmaceuticals), BPG Bio (Biomedical)<br><br>Speaker relationship with WW (Medical Food and Weight Management)  |
| Lillian   | Craggs-Dino     | DHA, RDN, LDN       | Advisor relationship with Bariatric Fusion (Supplement)   |
| Rachelle  | Crescenzi       | PhD                 | No Relevant Financial Relationships   |
| Paige     | Cunningham      | PhD                 | No Relevant Financial Relationships   |
| Steven    | Dean            | DO, MSVM, RPVI      | Speaker relationship with Tactile Medical (Medical Device)  |
| Carlos    | Devia           | PhD(c)              | No Relevant Financial Relationships   |
| Nikhil    | Dhurandhar      | MS, LCEH, PhD, FTOS | Advisor relationship with Medifast (Weight Management), International Egg Commission (Non-Medical Food)<br><br>Consultant relationship with Obthera (Weight Management)<br><br>Researcher relationship with Novo Nordisk (Pharmaceuticals), National Cattleman's Beef Association (Non-Medical Food), Borealis Foods (Non-Medical Food) |
| Alexandra | DiFeliceantonio | PhD                 | No Relevant Financial Relationships   |
| Madisen   | Dorand          | MD                  | No Relevant Financial Relationships   |

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|--------------------------|-----------------|------------------------------|--|
| Daniel                   | Driscoll        | MD, PhD,<br>FAAP,<br>FFACMGG | No Relevant Financial Relationships  |
| Lara                     | Dugas           | PhD, MPH,<br>FTOS            | No Relevant Financial Relationships  |
| Andrea                   | Dunaif          | MD                           | Consultant relationship with Novo Nordisk (Pharmaceuticals), Neurocrine Biosciences (Pharmaceuticals), Fractyl Laboratories (Medical Device)   |
| Christina                | Economos        | PhD                          | No Relevant Financial Relationships  |
| Ihuoma                   | Eneli           | MD, MS                       | No Relevant Financial Relationships  |
| Mark                     | Espeland        | PhD                          | Steering Committee for a clinical trial relationship with Nestle (Supplement)  |
| Debra                    | Fadool          | PhD                          | No Relevant Financial Relationships  |
| Jennifer                 | Falbe           | ScD, MPH                     | Publicly-traded Stock relationship with Oatly (Non-Medical Food)   |
| Emma                     | Farrell         | PhD,<br>CPsychol             | No Relevant Financial Relationships  |
| Lauren                   | Fiechtner       | MD, MPH                      | No Relevant Financial Relationships  |
| Mackenzie                | Fitzpatrick     |                              | No Relevant Financial Relationships  |
| Jonathan                 | Flak            | PhD                          | Researcher relationship with Eli Lilly (Pharmaceuticals)   |
| Emily                    | Flanagan        | PhD                          | No Relevant Financial Relationships  |
| Talyia                   | Fordham         | BS                           | No Relevant Financial Relationships  |
| Jackson                  | Francis         | MPH                          | No Relevant Financial Relationships  |
| Marie                    | Francois Lafond | PhD                          | No Relevant Financial Relationships  |
| Eduardo                  | Freitas         | PhD                          | No Relevant Financial Relationships  |
| Susan                    | Fried           | PhD                          | No Relevant Financial Relationships  |
| Dympna                   | Gallagher       | PhD                          | No Relevant Financial Relationships  |
| W. Timothy               | Garvey          | MD, MACE                     | Advisor relationship with Boehringer-Ingelheim (Pharmaceuticals), Eli Lilly (Pharmaceuticals), Novo Nordisk (Pharmaceuticals), Pfizer (Pharmaceuticals), Fractyl Health (Medical Device), Alnylam Pharmaceuticals (Pharmaceuticals), Inogen (Medical Device), Merck (Pharmaceuticals)<br><br>Researcher relationship with Novo Nordisk (Pharmaceuticals), Eli Lilly (Pharmaceuticals), Epitee (Medical Device), Neurovalens (Medical Device), Pfizer (Pharmaceuticals) |
| Hamlet                   | Gasoyan         | PhD                          | No Relevant Financial Relationships  |
| Allan                    | Geliebter       | PhD                          | No Relevant Financial Relationships  |
| Maria                    | Godoy Gabler    | MPH, MPP                     | No Relevant Financial Relationships  |
| Stephanie                | Goldstein       | PhD                          | No Relevant Financial Relationships  |
| Barbara                  | Gower           | PhD                          | Consultant relationship with Abbott (Medical Device), Cook Keto (Medical Food), Simply Good Foods (Medical Food)   |
| Cara                     | Green           | PhD                          | No Relevant Financial Relationships  |
| Anna                     | Grummon         | PhD, MSPH                    | No Relevant Financial Relationships  |
| Deborah                  | Gustafson       | PhD, MS                      | No Relevant Financial Relationships  |
| Luc                      | Hagenaars       | PhD                          | No Relevant Financial Relationships  |
| Jason Christian Grovenor | Halford         |                              | Researcher relationship with American Beverage Association (Non-Medical Food) and Novo Nordisk (Pharmaceuticals)<br><br>Advisor relationship with Dupont (Medical Devices) and Mars Inc. (Non-Medical Food)  |
| Saman                    | Hamidi          | BS/BA                        | No Relevant Financial Relationships  |

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|------------|------------|--------------------------------|--|
| Sarah      | Hampl      | MD                             | No Relevant Financial Relationships  |
| Rollie     | Hampton    |                                | No Relevant Financial Relationships  |
| Wenfei     | Han        | MD                             | No Relevant Financial Relationships  |
| Samantha   | Harris     | MD                             | Researcher relationship with Eli Lilly (Pharmaceuticals)   |
| Clinton    | Hasenour   |                                | Publicly-traded Stock relationship with AbbVie (Pharmaceuticals), 3M (Biomedical), Atea Pharmaceuticals Inc (Pharmaceuticals)  |
| Keally     | Haushalter |                                | No Relevant Financial Relationships  |
| Matthew    | Hayes      | PhD                            | No Relevant Financial Relationships  |
| Faith Anne | Heeren     | BA                             | Consultant relationship with WW (Medical Food and Weight Management)   |
| Sharon     | Herring    | MD, MPH                        | No Relevant Financial Relationships  |
| Steven     | Heymsfield | MD, FTOS                       | Advisor relationship with Medifast (Weight Management), Tanita (Medical Device), Novo Nordisk (Pharmaceuticals), Versanis (Pharmaceuticals)  |
| Alison     | Hill       | PhD, APD, MDiet, BAppSc (Hons) | Researcher relationship with Almond Board of California (Non-Medical Food)   |
| Deborah    | Horn       | DO, MPH, MFOMA                 | Consultant relationship with Gelesis (Pharmaceuticals), Novo Nordisk (Pharmaceuticals), Lilly (Pharmaceuticals)<br><br>Speaker relationship with Novo Nordisk (Pharmaceuticals)<br><br>Researcher relationship with Novo Nordisk (Pharmaceuticals) |
| Kristen    | Howard     | MSN, ARNP                      | No Relevant Financial Relationships  |
| Sophia     | Hua        | PhD, MPH                       | No Relevant Financial Relationships  |
| Holly      | Ingraham   | PhD                            | No Relevant Financial Relationships  |
| Brian      | Irving     | PhD                            | No Relevant Financial Relationships  |
| Michael    | Irwig      | MD                             | No Relevant Financial Relationships  |
| Asuka      | Ishihara   | PhD                            | No Relevant Financial Relationships  |
| Swati      | Iyer       |                                | No Relevant Financial Relationships  |
| John       | Jakicic    | PhD, FTOS, FACSM               | Advisor relationship with Wondr Health Inc. (Weight Management)<br><br>Researcher relationship with Epitomee Medical Inc. (Medical Device)<br><br>Consultant relationship with Education Initiatives (Weight Management)                           |

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|----------|--------------|---------------|--|
| Ania     | Jastreboff   | MD, PhD       | <p>Site PI for Multi-center clinical trial (funding to institution) relationship with Novo Nordisk (Pharmaceuticals), Eli Lilly (Pharmaceuticals), Rhythm Pharmaceuticals (Pharmaceuticals)</p> <p>Scientific advisory board relationship with Novo Nordisk (Pharmaceuticals), Eli Lilly (Pharmaceuticals), Pfizer (Pharmaceuticals), Boehringer Ingelheim (Pharmaceuticals), Rhythm Pharmaceuticals (Pharmaceuticals), Amgen (Pharmaceuticals), Structure Therapeutics (Pharmaceuticals), Terns (Pharmaceuticals), Biohaven (Pharmaceuticals), Scholar Rock (Pharmaceuticals), AstraZeneca (Pharmaceuticals), Zealand Pharmaceuticals (Pharmaceuticals), Intellihealth (Weight Management Telehealth), WW (Medical Food and Weight Management)</p> <p>Stock options relationship with Intellihealth (Privately-held Weight Management Telehealth)</p> |
| Lee      | Kaplan       | MD, PhD, FTOS | <p>Consultant relationship with Altimmune (Pharmaceuticals), Amgen (Pharmaceuticals), Boehringer Ingelheim (Pharmaceuticals), Gelesis (Medical Device), Gilead Sciences (Pharmaceuticals), Intellihealth (Weight Management), Lilly (Pharmaceuticals), Novo Nordisk (Pharmaceuticals), Optum (Weight Management), Pfizer (Pharmaceuticals), Rhythm Pharmaceuticals (Pharmaceuticals), GI Dynamics (Medical Device), Xeno Biosciences (Pharmaceuticals), Johnson &amp; Johnson (Medical Device)</p> <p>Advisor relationship with Sidekick Health (Weight Management) and twenty30.health (Weight Management)</p>  |
| Jonathan | Kartt        |               | No Relevant Financial Relationships  |
| Kathleen | Keller       | PhD           | No Relevant Financial Relationships  |
| John     | Kincaid      | MPhil, MS     | No Relevant Financial Relationships  |
| Alicia   | Kunin-Batson | PhD           | No Relevant Financial Relationships  |
| Robert   | Kushner      | MD            | <p>Advisor relationship with Novo Nordisk (Pharmaceuticals), Lilly (Pharmaceuticals), WW (Medical Food and Weight Management)</p> <p>Consultant relationship with Pfizer (Pharmaceuticals), Altimmune (Pharmaceuticals), Boehringer Ingelheim (Pharmaceuticals)</p>  |
| Olivier  | Lavoie       |               | No Relevant Financial Relationships  |
| Gina     | Leininger    | PhD           | No Relevant Financial Relationships  |
| Janice   | Liebhart     | MS            | No Relevant Financial Relationships  |
| Soo      | Lim          | MD, PhD       | No Relevant Financial Relationships  |
| Angela   | Lima         | MBA, RD, LD   | No Relevant Financial Relationships  |
| Jiyong   | Ling         | PhD, RN, FAAN | No Relevant Financial Relationships  |

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|----------|-----------------|----------------------------|---|
| Ildiko   | Lingvay         | MD, MPH,<br>MSCS           | <p>Researcher relationship with Novo Nordisk (Pharmaceuticals), Boehringer Ingelheim (Pharmaceuticals), Sanofi (Pharmaceuticals), Merck (Pharmaceuticals), Pfizer (Pharmaceuticals), Mylan (Pharmaceuticals)</p> <p>Advisor relationship with NovoNordisk (Pharmaceuticals), Boehringer Ingelheim (Pharmaceuticals), Sanofi (Pharmaceuticals), Zealand Pharma (Pharmaceuticals), Eli Lilly (Pharmaceuticals), Astra Zeneca (Pharmaceuticals), J&amp;J (Pharmaceuticals), Intercept (Pharmaceuticals), Merck (Pharmaceuticals), Pfizer (Pharmaceuticals), Shionogi (Pharmaceuticals), Carmot (Pharmaceuticals), Structure (Pharmaceuticals), Bayer (Pharmaceuticals)</p> <p>Consultant relationship with NovoNordisk (Pharmaceuticals)</p> |
| Sheridan | Littleton       | BS                         | No Relevant Financial Relationships   |
| Jason    | Lofton          | MD                         | No Relevant Financial Relationships   |
| Shan     | Luo             | PhD                        | No Relevant Financial Relationships   |
| Paul     | MacLean         | PhD                        | No Relevant Financial Relationships   |
| Corby    | Martin          | PhD, FTOS                  | <p>Researcher relationship with Evidation Health (Biomedical), WW (Medical Food and Weight Management), Lilly (Pharmaceuticals), Kroger Company Foundation (Non-Medical Food)</p> <p>Advisor relationship with Wondr (Weight Management)</p> <p>Royalties or Patent Beneficiary relationship with Access Business Group (Weight Management)</p>   |
| Gargi    | Mishra          | BA                         | No Relevant Financial Relationships   |
| Mohamad  | Mokadem         | MD                         | No Relevant Financial Relationships   |
| Tahra    | Monroe-Campbell | MBA,<br>MHSM,<br>PMP, RHIA | No Relevant Financial Relationships   |
| Jaime    | Moore           | MD, MPH                    | No Relevant Financial Relationships   |
| Justine  | Mucinski        | PhD                        | No Relevant Financial Relationships   |
| Candice  | Myers           | PhD                        | No Relevant Financial Relationships   |
| Joseph   | Nadglowski      | BS                         | No Relevant Financial Relationships   |
| Patty    | Nece            | JD                         | <p>Speaker relationship with Novo Nordisk (Pharmaceuticals), Lilly Pharmaceuticals (Pharmaceuticals)</p> <p>Advisor relationship with Boehringer Ingelheim (Pharmaceuticals)</p>  |
| Cody     | Neshteruk       | PhD                        | No Relevant Financial Relationships   |
| Nicholas | Neuwald         | MS                         | No Relevant Financial Relationships   |
| Jacinda  | Nicklas         | MD, MPH,<br>MA             | No Relevant Financial Relationships   |
| Michele  | Novaes Ravelli  | PhD                        | No Relevant Financial Relationships   |
| Kayloni  | Olson           | PhD                        | No Relevant Financial Relationships   |
| Danielle | Ostendorf       | PhD                        | No Relevant Financial Relationships   |
| Kathya   | Palepu          | MS                         | No Relevant Financial Relationships   |
| Emily    | Panza           | PhD                        | No Relevant Financial Relationships   |
| Afroditi | Papantoni       | BS                         | No Relevant Financial Relationships   |



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|-----------|--------------|--------------|--|
| Elizabeth | Parks        | PhD, FTOS    | Advisor relationship with Simply Good Foods (Medical Food)<br>Consultant relationship with Pfizer (Pharmaceuticals), Corcept (Pharmaceuticals)<br>Stock Options relationship with Sagimet (publicly traded, Pharmaceuticals)   |
| Robyn     | Pashby       | PhD          | No Relevant Financial Relationships  |
| Michele   | Patel        | PhD          | No Relevant Financial Relationships  |
| Souvik    | Patra        |              | No Relevant Financial Relationships  |
| Markku    | Peltonen     | PhD          | No Relevant Financial Relationships  |
| Lilian    | Perez        | PhD, MPH     | No Relevant Financial Relationships  |
| Max       | Petersen     | MD, PhD      | No Relevant Financial Relationships  |
| Joshua    | Petimar      | ScD          | No Relevant Financial Relationships  |
| Jennifer  | Pettis       | RN, MS, CNE  | Grant relationship with Novo Nordisk (Pharmaceuticals) [Non-Profit Employer received sponsorship funding in support of KAER Toolkit development]   |
| Samantha  | Pierce       | MPH          | No Relevant Financial Relationships  |
| Bri       | Pomonis      |              | No Relevant Financial Relationships  |
| Kathryn   | Porter Starr | PhD, RD      | Speaker relationship with Abbott Nutrition Health Institute (Supplement)   |
| Keeley    | Pratt        | PhD          | No Relevant Financial Relationships  |
| Lauren    | Ptomey       | PhD, RD, LD  | Researcher relationship with AC Immune SA (Pharmaceuticals)  |
| Carmen    | Ramos        | MS, RDN      | No Relevant Financial Relationships  |
| Soumya    | Ravichandran | BS           | No Relevant Financial Relationships  |
| R. Scott  | Rector       | PhD, FTOS    | No Relevant Financial Relationships  |
| Leanne    | Redman       | PhD, FTOS    | Advisor relationship with Bobbie Labs (Medical Food), One Willow (Medical Device), AdvoCare International LP (Supplement), Everly Health (Supplement)<br>Royalties relationship with Access Business Group (Supplement)  |
| Kieran    | Reid         | PhD, MPH     | Researcher relationship with Best Buy Health (Medical Device)  |
| Jesse     | Richards     | DO, DABOM    | Advisor relationship with Rhythm Pharmaceuticals (Pharmaceuticals)<br>Speaker relationship with Rhythm Pharmaceuticals (Pharmaceuticals), Novo Nordisk (Pharmaceuticals), Eli Lilly (Pharmaceuticals)<br>Consultant relationship with Palatin Technologies (Pharmaceuticals) |
| Christian | Roth         | MD           | Consultant relationship with Rhythm (Pharmaceuticals)  |
| Cara      | Ruggiero     | PhD, RD, LDN | No Relevant Financial Relationships  |
| Pasquale  | Rummo        | PhD, MPH     | No Relevant Financial Relationships  |
| Marzieh   | Salehi       | MD, MS       | No Relevant Financial Relationships  |
| Jennifer  | Savage       | PhD          | No Relevant Financial Relationships  |
| Philipp   | Scherer      | PhD          | No Relevant Financial Relationships  |
| Laura     | Schmidt      | PhD          | No Relevant Financial Relationships  |

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|----------------|---------------------|--|--|
| Barbara        | Schneeman           | PhD  | Advisor relationship with McCormick Co Scientific Advisory Company (Medical Food)<br><br>Consultant relationship with Abbott Laboratories (Medical Food)   |
| Adil           | Shah                | MD   | No Relevant Financial Relationships  |
| Sonya          | Shin                | MD, MPH  | No Relevant Financial Relationships  |
| Lauren         | Shomaker            | PhD  | No Relevant Financial Relationships  |
| Anna Maria     | Siega-Riz           | PhD, MS  | No Relevant Financial Relationships  |
| Luis           | Sifuentes-Dominguez | MD   | No Relevant Financial Relationships  |
| Omprakash      | Singh               | PhD  | No Relevant Financial Relationships  |
| Susan          | Sisson              | PhD, RDN, CHES, FASCM                            | No Relevant Financial Relationships  |
| Steven         | Smith               | MD   | Advisor relationship with Eli Lilly (Pharmaceuticals), Boehringer Ingelheim (Pharmaceuticals), Scovia (Pharmaceuticals), Zealand (Pharmaceuticals)   |
| Katherine      | Spencer             | MS   | No Relevant Financial Relationships  |
| Fatima         | Stanford            | MD, MPH, MPA, MBA, FAAP, FACP, FAHA, FAMWA, FTOS | Advisor relationship with Calibrate (Weight Management), Novo Nordisk (Pharmaceuticals), Eli Lilly (Pharmaceuticals), Boehringer Ingelheim (Pharmaceuticals), Gelesis (Medical Device), Pfizer (Pharmaceuticals), Currax Pharmaceuticals (Pharmaceuticals), Sweetch (Biomedical), Vida Health (Biomedical), Vira Health (Biomedical), Ilant Health (Biomedical), Lifeforce (Biomedical), Mellicell (Pharmaceuticals)<br><br>Advisor relationships added onsite at conference: Alfie (Weight Management), GoodRX (Pharmaceuticals), Veri (Medical Device)<br><br>Speaker relationship with Rhythm Pharmaceuticals (Pharmaceuticals) |
| Kristin        | Stanford            | PhD  | No Relevant Financial Relationships  |
| Erin           | Stephenson          | PhD  | No Relevant Financial Relationships  |
| Javier         | Stern               | MD, PhD  | No Relevant Financial Relationships  |
| Alexis         | Stranahan           |  | No Relevant Financial Relationships  |
| Hayeon         | Sung                | PhD  | No Relevant Financial Relationships  |
| Ames           | Sutton Hickey       | PhD  | No Relevant Financial Relationships  |
| Brooke         | Sweeney             | MD   | Speaker relationship with Rhythm (Pharmaceuticals)<br><br>Consultant relationship with Rhythm (Pharmaceuticals), Eli Lilly (Pharmaceuticals), Nestle (Medical and Non-Medical Food)  |
| Diana          | Takahashi           | MS   | No Relevant Financial Relationships  |
| Neil           | Thivalapill         | MS   | No Relevant Financial Relationships  |
| Diana          | Thomas              | PhD, FTOS  | No Relevant Financial Relationships  |
| Anne           | Thorndike           | MD, MPH  | No Relevant Financial Relationships  |
| Karen          | Tracy               |  | Grant relationship with Novo Nordisk (Pharmaceuticals) [Non-Profit Employer received sponsorship funding in support of KAER Toolkit development]   |
| Carmina        | Valle               | PhD, MPH   | No Relevant Financial Relationships  |
| Krista         | Varady              | PhD  | No Relevant Financial Relationships  |
| Dennis         | Villareal           | MD   | No Relevant Financial Relationships  |
| Mengjie (Emma) | Wang                | MD, PhD  | No Relevant Financial Relationships  |
| Karen          | Watson              |  | No Relevant Financial Relationships  |

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|---------|-----------|----------------------|--|
| Sean    | Wharton   | MD, FRCPC,<br>PharmD | Advisor relationship with Boehringer Ingelheim (Pharmaceuticals), BioHaven (Pharmaceuticals), Novo Nordisk (Pharmaceuticals), Eli Lilly (Pharmaceuticals)<br><br>Speaker relationship with Novo Nordisk (Pharmaceuticals), Eli Lilly (Pharmaceuticals) |
| Ursula  | White     | PhD                  | No Relevant Financial Relationships  |
| Denise  | Wilfley   | PhD                  | No Relevant Financial Relationships  |
| Erik    | Willis    | PhD, MPH             | No Relevant Financial Relationships  |
| Sandra  | Wittleder | PhD                  | No Relevant Financial Relationships  |
| Ethan   | Wolf      | BS                   | No Relevant Financial Relationships  |
| Michael | Wolfe     | MD                   | Consultant relationship with 9 Meters Biopharma (Pharmaceuticals)  |
| Yong    | Xu        | PhD                  | No Relevant Financial Relationships  |
| Amy     | Yaroch    | PhD                  | No Relevant Financial Relationships  |
| Giles   | Yeo       | PhD                  | Speaker relationship with Novo Nordisk (Pharmaceuticals), Eli Lilly (Pharmaceuticals), Rhythm Pharmaceuticals (Pharmaceuticals)<br><br>Researcher relationship with Novo Nordisk (Pharmaceuticals)   |
| Volkan  | Yumuk     | MD                   | Speaker relationship with Novo Nordisk (Pharmaceuticals)<br><br>Advisor relationship with Novo Nordisk (Pharmaceuticals)   |

**Planner Disclosures:** TOS Annual Meeting Program Committee disclosures:

| First     | Last Name  | Degree    | Role  | Disclosure   |
|-----------|------------|-----------|---|--|
| Amber     | Alhadeff   | PhD       | T2: Neuroscience                            | No Relevant Financial Relationships  |
| Timothy   | Allerton   | PhD, RCEP | T1: Metabolism/Integrative Physiology       | No Relevant Financial Relationships  |
| Katherine | Arlinghaus | PhD, RD   | T4: Population Health                       | No Relevant Financial Relationships  |
| John      | Batsis     | MD, FTOS  | T3: Intervention/Clinical Studies           | No Relevant Financial Relationships  |
| Marie     | Bragg      | PhD       | T6: Policy/Public Health                    | No Relevant Financial Relationships  |
| Rebecca   | Brown      | MD        | T1: Metabolism/Integrative Physiology Chair | Contracted Research relationship with Regeneron Pharmaceuticals (Pharmaceuticals)<br>In kind research support relationship with Akcea Therapeutics (Pharmaceuticals), Amryt Pharma (Pharmaceuticals) |
| Victoria  | Catenacci  | MD        | T3: Intervention/Clinical Studies Co-Chair  | No Relevant Financial Relationships  |
| John      | Clark      | MD, PhD   | T6: Policy/Public Health                    | No Relevant Financial Relationships  |
| Anthony   | Comuzzie   | PhD, FTOS | TOS CEO                                     | No Relevant Financial Relationships  |
| Brian     | Elbel      | PhD, MPH  | T6: Policy/Public Health                    | No Relevant Financial Relationships  |
| Mary      | Evans      | PhD       | T4: Population Health                       | No Relevant Financial Relationships  |

|           |             |                     |  |   |
|-----------|-------------|---------------------|--|---|
| Angela    | Fitch       | MD                  | T5: Clinical/Professional Practice             | Corporate Advisory Board relationship with Gelesis (Medical Device), Jenny Craig (Medical Food and Weight Management), Novo Nordisk (Pharmaceuticals)<br>Consulting Fee relationship with Ms Medicine (Weight Management)<br>Stock Options relationship with Found Health (Weight Management; Privately Held Company), Suvie (Food; Privately Held Company) |
| Jonathan  | Flak        | PhD                 | T2: Neuroscience                               | Researcher relationship with Eli Lilly (Pharmaceuticals)  |
| Amy       | Goss        | PhD, RDN            | T5: Clinical/Professional Practice Chair       | Consultant relationship with Novo Nordisk (Pharmaceuticals)   |
| Marcio    | Griebeler   | MD                  | T5: Clinical/Professional Practice             | Contracted Research relationship with Novo Nordisk (Pharmaceuticals)  |
| Elissa    | Jelalian    | PhD                 | T3: Intervention/Clinical Studies              | Corporate Advisory Board relationship with WW (Medical Food and Weight Management)  |
| Amy       | Luke        | PhD                 | T6: Policy/Public Health Co-Chair              | No Relevant Financial Relationships   |
| Sarah     | Messiah     | PhD, MPH, FTOS      | Committee Co-Chair                             | No Relevant Financial Relationships   |
| Justine   | Mucinski    | PhD                 | T1: Metabolism/Integrative Physiology          | No Relevant Financial Relationships   |
| Candice   | Myers       | PhD                 | T4: Population Health Chair                    | No Relevant Financial Relationships   |
| Karl      | Nadolsky    | DO                  | T5: Clinical/Professional Practice             | No Relevant Financial Relationships   |
| Emily     | Noble       | PhD                 | T2: Neuroscience Chair                         | No Relevant Financial Relationships   |
| Elizabeth | Parks       | PhD, FTOS           | Executive Committee Liaison                    | Advisor relationship with Simply Good Foods (Medical Food)<br>Consultant relationship with Pfizer (Pharmaceuticals), Corcept (Pharmaceuticals)<br>Stock Options relationship with Sagimet (publicly traded, Pharmaceuticals)  |
| Rebecca   | Pearl       | PhD                 | T6: Policy/Public Health Chair                 | No Relevant Financial Relationships   |
| Hollie    | Raynor      | PhD                 | T3: Intervention/Clinical Studies Chair        | No Relevant Financial Relationships   |
| Darleen   | Sandoval    | PhD                 | T2: Neuroscience Co-Chair                      | Consultant relationship with Metis Therapeutics (Pharmaceuticals)   |
| Meera     | Shah        | MD                  | T5: Clinical/Professional Practice Co-Chair    | Researcher relationship with Wholebiome (Supplement)  |
| Marissa   | Shams-White | PhD, MSTOM, MS, MPH | T4: Population Health Co-Chair                 | No Relevant Financial Relationships   |
| Robert    | Siegel      | MD                  | T4: Population Health                          | No Relevant Financial Relationships   |
| Joseph    | Skelton     | MD, MS              | T3: Intervention/Clinical Studies              | No Relevant Financial Relationships   |
| Lauren    | Sparks      | PhD                 | T1: Metabolism/Integrative Physiology Co-Chair | No Relevant Financial Relationships   |

|         |           |         |                                       |  |
|---------|-----------|---------|---------------------------------------|--|
| Delisha | Stewart   | PhD     | T1: Metabolism/Integrative Physiology | No Relevant Financial Relationships                              |
| Josh    | Thaler    | MD, PhD | T2: Neuroscience                      | Publicly-traded Stock relationship with Pfizer (Pharmaceuticals) |
| Saroja  | Voruganti | PhD     | ISNN Liaison                          | No Relevant Financial Relationships                              |
| Ursula  | White     | PhD     | Committee Chair                       | No Relevant Financial Relationships                              |
| Brooks  | Wingo     | PhD     | T1: Metabolism/Integrative Physiology | No Relevant Financial Relationships                              |

**Reviewer Disclosures:** No members of the TOS CME Oversight Committee, charged with the resolution of all relevant conflicts of interest, had any relevant financial relationships while serving on the committee. One member of the committee, Sarah Barenbaum MD, stepped down from the committee when she developed a conflict *after* planning was complete and before speaker content review began.

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