



INSTRUCTIONS

ObesityWeek® 2026 Call for Abstracts for The Obesity Society's 44th Annual Scientific Meeting

SUBMISSION WEBSITE: Abstracts may be submitted here: <https://TOS.planion.com/Z?7D509Y5Y2>

WARNING: Submit on a computer, not a mobile device.

If you are submitting on behalf of someone else but are not a presenter or co-author, please use their log in information.

DEADLINES: The deadline for electronic submission for abstracts is **Monday, April 20, 2026 at 11:59 PM EDT.**

LANGUAGE: All abstracts must be submitted in **ENGLISH.**

ORALS

PRESENTATION OF ORAL ABSTRACTS WILL BE IN-PERSON IN WASHINGTON, DC November 14-17, 2026.

To present an oral or poster abstract, you must be willing to travel to Washington, DC.

Oral presenters with conflicts of interest will have a slide deadline of Monday, October 5, 2026 (for COI review).

Slides for non-conflicted presenters for all oral presenters will be due Monday, October 26, 2026.

POSTERS

PRESENTATION OF POSTER ABSTRACTS WILL BE IN-PERSON IN WASHINGTON, DC November 14-17, 2026.

ABSTRACT LIMIT & COST: There are no restrictions on the number of abstracts you may submit or on the number of accepted abstracts you may present at the Annual Meeting. There is a **\$65 non-refundable** submission fee per abstract. Payment must be successfully received prior to submitting your abstract for review.

UNBIASED: To submit this abstract, you must confirm that you have conducted this research and written this abstract in a manner that is fair, balanced, and free of commercial bias and have used generic names in lieu of brand names.

PEOPLE FIRST LANGUAGE: The Obesity Society requires use of person-first language and non-stigmatizing images in all written and verbal communications. For more information please visit: <https://obesityweek.org/abstracts/speaker-resources/person-first/>.

WORD LIMIT: There is a limit of 3,000 characters per submission (this translates to approximately 400 words for the text of your submission). Spaces will count towards the character limit. PLEASE NOTE: The title field and author information are not included in the character count. The title field has a separate character count of 100.

Fields will be provided for Background, Methods, Results, and a Conclusion. You may enter as many characters as you choose per field. You will be advised of your character count usage as you enter your information into the four fields as you move through the form. Be sure to save your work before moving on to the next step.

TABLE OR GRAPH (optional): You have the option of uploading 1 table or graph in PNG file types only. No JPGs, TIFFs, PDFs, or other formats allowed. Image should be between 300 and 600 dpi. The final maximum printed size of the image is a 3-inch square.

TITLE AND BODY: Please enter the required information into each specifically identified field (Title, Background, Methods, Results, and Conclusions). The results section must include results. Do not put your title in quotation marks or use all capital letters. You may copy and paste your text into the appropriate sections.

Examples:

Titles Should Look Like This Without Periods at the End

Capitalize First Letter of Each Word Except for Prepositions, Conjunctions, and Articles That Have Fewer Than Four Letters (a, an, the, for, to, of, at, in, and, but...)

Do Not Put Titles in Quotations

DO NOT USE ALL CAPS

Use Generic Names (No Brand Names)

This Is Called Title Case

SPECIAL CHARACTERS and FORMATTING: The submission system will render special characters when **typed directly** into your abstract fields.

If you choose to **copy** text into the abstract body, please do so from a **plain text editor** (like Notepad), not from a word processing program (like Microsoft Word). This will insure any special characters in your abstract are preserved. As a final step, please look over your abstract body carefully in the proof to confirm that any special characters are displaying properly.

INDUSTRY SUBMISSIONS: Corporate Sub-track on Abstract Submission Form

Anyone who is presenting on behalf of a corporation must choose this sub-track on the call for abstracts submission form. Orals within this sub-track are funneled to non-CME oral sessions to comply with ACCME rules and posters (all of which are non-CME) will be identified with this sub-track. This applies to **all abstracts presented by or on behalf of corporations (aka ACCME-defined ineligible companies)**. **Any full or part-time employee of an ineligible company** should submit to the corporate sub-track, as should **anyone who is working with a communication company hired by a medical/pharmaceutical corporation**. This does not apply to PIs at universities that received grants for their research. PI grant relationships must be disclosed, but do not preclude being accepted into a standard CME orals session. Only corporate employees (and non-corporate employees whose presentation content was crafted or influenced by **an ACCME-defined ineligible company** or their agent, such as a marketing/communications firm), must use the corporate sub-track. Submitting to the corporate sub-track does not change your odds of being selected for oral presentation.

TRACK: You will be asked to select the appropriate track and optional sub-tracks using the drop-down menu. **Please consider submitting your abstract even if you believe that it does not fit into one of the specific tracks. The track list is not exhaustive, and all abstract submissions are welcome.**

The abstract tracks are as follows:

Track 1 Metabolism and Integrative Physiology

Track 2 Neuroscience

Track 3 Interventional and Clinical Studies

Track 4 Population Health

Track 6 Health Care Policy/Public Health Policy

PRESENTATION TYPE: You will also be asked to select the preferred presentation type for your abstract either “Oral or Poster Presentation” “Oral Presentation Only” or “Poster Presentation Only”. NOTE: If “Oral Presentation Only” is selected and your abstract is not accepted, the abstract will be rejected.

OBESITY JOURNAL COMPETITION: TOS members submitting an ObesityWeek abstract can also have their work considered for presentation at the Journal Symposium during the Annual Meeting. Eligible presenters must confirm that they will be able to submit a full manuscript to the journal by September 10, 2026. Please check “yes” to confirm your interest in the Symposium. The journal editors will select the presenting authors in August 2026, and all accepted papers will be published in the ObesityWeek special issue of the journal. The presenting authors will also receive complimentary ObesityWeek registration. For full details, see the [Call for Papers](#).

CHANGE PRESENTER: If the presenter changes (even a swap with a co-author) before the annual meeting, you must contact annualmeeting@obesity.org to update.

PRESENTER AND AUTHORS: Please enter all authors in the order they should appear in the heading of the abstract. If you (the Submitting Author) are not the Presenter on a submission, you will need to provide contact information for the Presenter. You will be asked to enter each author one at a time. Be sure to have email addresses available for your authors. **SEARCH BY LAST NAME (or even partial last name) BEFORE ENTERING A NEW PERSON INTO THE DATABASE** (because odds are, they are already in the abstract database, and we are trying to avoid duplicates in the system that mess up abstract indexing.) **PROOFREAD CAREFULLY.** Whatever you enter as the spelling and credentials will be published that way. Please do not use periods in credentials (PhD, not Ph.D.) **If the presenter changes (even a swap with a co-author) before the annual meeting, you must contact annualmeeting@obesity.org to update.**

KEYWORDS: You are required to select at least 1 keyword and may choose up to 5.

PREVIOUSLY PUBLISHED ABSTRACTS: Abstracts must contain new information that has not been previously published or presented elsewhere. In some cases, previously reported information may be included in the abstract for descriptive purposes, but the focus of the abstract must be on new information.

PROOFING YOUR ABSTRACT: From the “My Abstracts” page of the submission mechanism, you will find 5 icons for “Edit”, “Edit Authors”, “Proof”, “Submit to TOS for Review” and “Withdraw this Submission”. Select the icon for whichever action you would like to perform. Carefully check and proofread your abstract. Make sure all special characters and formatting are displayed properly. If you find errors, select

the “Edit” button at the bottom of the page so that you are returned to the correct page to make your corrections.

COMPLETING YOUR SUBMISSION: When all required information is entered, you may submit your abstract. If there is any missing information, an error will appear asking you to go back and complete any required fields. You may save your abstract as a “Work in Progress” without completing the required fields and come back into the system to finish at a later time. When you are ready to submit your abstract, be prepared to input credit card details for payment of the submission fee. Once the fee is successfully processed, you must click on the link provided on the submission confirmation page to complete the final step of the submission process. If this final step is not completed, the abstract will remain as pending and will not be considered final and submitted.

SUBMISSION FEE: The fee for submitting abstracts for ObesityWeek® is **\$65 per abstract. The fee is non-refundable.** The fee is not refunded for withdrawn submissions.

EMBARGO POLICY: The ObesityWeek® sessions, posters and abstracts present innovative studies on the latest advances in obesity research and treatment. These communications provide notable exposure and recognition for studies and authors, and are likely to have a significant impact on obesity prevention and treatment. Abstracts submitted via the online application process for regular and late-breaking reports are expected to reflect original research and/or new information. Reported data must have **NOT** been published or presented publicly at the time of abstract submission. Presentations at a national or international conference **BEFORE** presentation at ObesityWeek® are not allowed. Data included in abstracts submitted for presentation at ObesityWeek® may **NOT** be presented at a satellite ObesityWeek® event (such as a corporate-sponsored symposium or affiliated conference) until **AFTER** presentation within the main ObesityWeek® program.

Simultaneous Manuscript Publication

Printed or electronic publication in peer-reviewed scientific or medical journals of data submitted for presentation at ObesityWeek® is permitted. In all cases, however, such publication must occur **AFTER** the date of abstract submission to ObesityWeek®.

Embargo Lift Date

The Obesity Society and its designated abstract reviewers treat abstract submissions as strictly confidential until the time of their public release. The Obesity Society will post abstracts on the website and app prior to the start of the ObesityWeek® conference to assist registered attendees in itinerary planning. All abstracts are embargoed from press/media coverage until 12:00 pm Eastern Time (U.S.) on the first day of ObesityWeek® Scientific Sessions – Saturday, November 14, 2026.

Questions About the Embargo Policy?

Contact TOScommunications@obesity.org.

ABSTRACT REVIEW: All submitted abstracts will be peer reviewed by TOS abstract reviewers and by members of the TOS Program Committee.

INCOMPLETE SUBMISSIONS: Abstracts remaining in "work in progress" form after the submission deadline will not be reviewed or accepted by the Program Committee. Please make sure all completed abstracts have been submitted and paid by the deadline date.

JUDGING CRITERIA: Reviewers will be assessing the quality of abstracts based on the following criteria:

Significance: How significant and novel the abstract data are for obesity research and treatment. Is the purpose/hypothesis clearly described and appropriate? Is there an important contribution to practice, research, theory, or knowledge?

Methodology: This includes study design, experimental methods, and analytical methods. Are the statistical methods appropriate?

Results: For abstracts other than descriptions of study design, programs, or case reports: Are results adequately described with appropriate values regardless of whether statistical significance is claimed?

Conclusions: Do the results support conclusions? Is it clearly stated whether the hypothesis or purpose of the study was validated/accepted? Is there evidence of commercial bias?

ABSTRACT ACCEPTANCE/DECLINE: Notifications will be emailed in late June from annualmeeting@obesity.org.

WITHDRAWALS: Must be submitted to annualmeeting@obesity.org before September 1, 2026.

MEETING REGISTRATION: Presenters of accepted abstracts are required to register to attend ObesityWeek® in order to present; registration fees are separate from abstract submission fees. You may register at the ObesityWeek® website, obesityweek.org.

The 2026 conference will be in-person and therefore requires travel to participate.

Oral abstracts will be presented November 14-17, 2026.

Poster sessions are assigned on November 14, 15 or 16, 2026.

PERMISSION TO REPRODUCE: To submit, you must agree that if this abstract is accepted for presentation, you authorize The Obesity Society to reproduce and distribute it in any format, including, but not limited to, print and electronic media, such as 1) on the conference and/or The Obesity Society website, 2) in the *Obesity* journal, 3) in ObesityWeek Highlights, 4) in the conference app, 5) in archives of conference abstracts (print or electronic), 6) in on-demand recordings of the conference.

TECHNICAL SUPPORT: If you have any difficulty with the submission process, click the "Feedback and Support" tab, located at the right of each page, to enter a support ticket.

SUBMISSION OR MEETING QUESTIONS: If you have questions regarding the submission criteria or questions about the Annual Meeting, please contact annualmeeting@obesity.org.

If you are submitting on behalf of someone else but are not a presenter or co-author, please use their log in information.